

3 Key Reasons Why the Law of Attraction Isn't Working For You

By Phyllis King

We all know the feeling of trying hard to do the right thing, hoping upon hope we will get our happy ending and that life will arrange in such a way that things feel easier and more joyful.

When you feel in your heart of hearts that you have been doing everything right then what does it mean when the Law of Attraction isn't working for you? Is it that the Law of Attraction doesn't work or is something wrong with you?

Firstly, the Law of Attraction does work. Most often we feel it should work differently than how it does. **We don't attract what we want. We attract WHO we are.** If you take nothing else from this sharing, take that. As we pin our hopes on the Law of Attraction, we must understand that it is an inside game. **As we expand internally, we expand externally in that order.** Internally means our ability to manage our emotional world, our thoughts, and subsequently our perspective.

Secondly, is it you? Yes. It's you. Most spiritual people blame themselves and think poorly of themselves when life isn't working out. In their mind it is erroneously a way to be "accountable." In reality those inner responses are the absolute WORST things you could ever do in this process – to think badly of yourself. That is counterclockwise action to abundance itself.

Generally speaking, there are only three key reasons why the Law of Attraction isn't working.

Law of Attraction Isn't Working Reason #1 –

The mind moves quickly and can understand a concept in seconds. Emotions move very slowly. The process of integrating emotional information/energy into the body takes time and, often, repetition. We have to build a momentum energetically. The energy we build must match the energy of the thing or situation want to realize externally. We are rooted in difficult habits and conditioning. We must create new habits. This takes time and energy.

Change occurs inch by inch rarely in leaps and bounds. It takes time to shift beliefs and responses to form a new perspective. Change is challenging. It is more than just thinking

about something you want to have. Your perspective about it must actually shift. Only then will you attract something different than what you have.

Our brain has a physiological response to change of any kind. Even positive change can inspire a reaction that says “*change is bad; I must dig in deeper to protect my status quo.*” Most people unintentionally sabotage their own process by giving up before a new momentum/habit has a chance to take root.

Many times, when clients come to me and want to expand their business or personal life, I will provide 3 or 5 action steps to take to improve their business or their life. These are tried and true steps that work for everyone. Nine times out of 10, the person will not take the steps.

The conversation redirects to “why didn’t you?” 99.99% of the time, the reason lies somewhere between “*I don’t deserve it*” and “*I’m afraid.*” Add to that the physiological resistance to change and we are sunk.

We must relinquish the idea of time and focus on what it takes to shift our perception. That requires courage and determination. When our perception shifts and we see things differently our energy changes. We begin to magnetize differently into consciousness. Our outcomes begin to change. This simplifies using the Law of Attraction.

The universe knows what we want. We have to become good receivers. That is mostly what the Law of Attraction requires. We become good receivers.

Law of Attraction Isn’t Working Reason #2 –

Attachment to outcomes is the second most common reason why the Law of Attraction isn’t working. We become fixed not only on the outcome we want to receive, but on the timing within which the thing must arrive. In that we create what I call stop energy. We get in the way.

Life presents moments when deadlines and timelines are relevant. **The path to effortless manifestation lives in the consciousness of highest good. Not solely “it’s good for me.”** Cultivating that awareness is an expanded perspective that can only be lived. It cannot simply be a nice thought. When you live in “highest good” perspective there are no timelines.

When we are practiced and skilled with our inner and outer world working together it is simple to set an intention and watch something manifest timely that you need. These instances often include tangible items, such as money, a job, a home, or something measurable. When it comes to situations that have a high emotional resonance, they can be more complicated. They are often tied to deeper longstanding emotional challenges.

The trick is to pay attention to what is in the present moment. Is the delay in receiving what you want causing you to feel stupid, hopeless, powerless or something else? Is it causing you to turn in on yourself and send the message that you are not worthy? **Whatever your reaction is to not getting what you want, is what you need to work with and bring into balance – to highest good mentality.**

In this process of manifesting, we have to remember it is a cooperative action with a greater reality. Many of us have **NO** conscious relationship to greater reality. We think we are doing everything on our own. **When something doesn't occur "timely" for us, the answer is not to lament. The answer is to trust that all is in divine order. Replace worry with trust. The door we are currently knocking on is not our door. We must look to other doors for our answer.** The better we get at doing this the easier it becomes to attract effortlessly. We are seamlessly and consciously cooperating with a greater reality.

Law of Attraction Isn't Working Reason #3 –

The false smile. Many people believe that positive thinking and acting happily, even when they are not, is the path to abundance. It isn't. **Being authentic and holding your authenticity with reverence and grace is your golden ticket** - When we deny our truth and pretend, we are "good" when we are not, we are not fooling the greater energetic reality. We are putting 'stop' energy into our creative field. We unintentionally become liars - lying to ourselves.

That lie positions us squarely into a counterclockwise energy pattern. The road to living from our authentic center is the journey we must take if we want to use the Law of Attraction. This does not mean we get to dump all over people. It means we embrace living with grace and compassion toward ourselves as we face the challenge inner expansion requires. We don't blame. We understand. We don't project we practice patience. When difficult moments arise, we face them with compassion and love – towards self first, and then towards others. **Never forget the golden rule: Truth is not truth if not shared with compassion.**

What is included in the third reason why Law of Attraction isn't working is the inability to be fully present in our life. We are master avoiders. It isn't a problem when we have a limiting thought, belief or feeling. **The problem is when we accept the limiting thought, belief or feeling as being true. Or we avoid it at all costs. We sell our soul to limitations.**

Too often, spiritual people are afraid to feel vulnerable. Instead, they walk around projecting a false smile - afraid to admit that darker feelings are intruding on their perfect projection. If we find ourselves in this predicament, the answer is to go into the feelings and not deny them. Lean in rather than away from them.

When we heal our response to life, we will shift. Our perspective will change. Our vibrations will rise, and we will naturally magnetize abundance.

Consciousness creates energy. Energy creates tangible matter. Focus on healing, growing, and expanding your consciousness. This will forever solve your Law of Attraction issues.

When we understand the order in the creative process, and we practice authentic self-awareness - when we want to manifest something, we simply set the intention. Then we bathe in knowing the answer is yes and go about our life. Before we know it, what we desire appears timely and often in a superior way than we imagined.

Your thoughts are things, and they matter. Your feelings are things and are potent attractors. Continue the journey of living authentically with a spirit of cooperation with a greater reality and trust in the creative process.

When these three things align, you will never have trouble using the Law of Attraction again.