

Remote Feeding Heating Instructions

General Heating and Storage Instructions

**Due to oven and microwave variances, times and temperatures may require adjustments. Remove foil from products before microwaving. Unless otherwise noted in specific instructions below, remove foods from packaging and place in oven or microwave safe dish before heating

For best product quality, heat product to the following minimum internal temperature as measured by a thermometer. **Warning: CONTENTS WILL BE HOT.**

The internal temperature should hold for 15 seconds:

140°F: Fruit, vegetables, grains, and legumes

155°F: Eggs, Beef, Pork

165°F: Chicken

Refrigerated food: Use within 5 days.

Frozen food: Keep frozen until use. Use within one month.

Dry foods- Refer to manufacturer date labels.

****List includes all items during menu cycle. Not all items will be in a bag each week****

Bean & Cheese Nacho Bites

Preheat Oven to 400°F; arrange frozen Lil' Bites in a single layer on a sheet pan. Bake for 6 to 8 minutes or until hot. Let Lil' Bites stand for 2 minutes before eating. Filling will be very hot; be cautious on first bite.

Bosco Sticks w/ Marinara

Preheat oven to 400°F. Thaw before baking. Keep Sticks covered while thawing. Sticks may be thawed in packaging. Place Sticks on a baking sheet. Bake 7-9 minutes. Let stand 2 minutes before serving. Brush sticks with butter and sprinkle Parmesan cheese (not included) after baking, if desired.

Breakfast Burrito

Preheat Oven to 300 deg. F. Frozen: Bake for 18-20 min. Refrigerated: Cook for 15-17 min. Microwave: Frozen: Heat for 50 secs. Refrigerated: Heat for 30 secs.

Chicken Nuggets

Microwave: Arrange frozen chicken nuggets on microwave safe plate in a single layer. Heat on HIGH: 10 pieces for 1minute, 30 seconds. Do not overheat. Let stand 1 to 2 minutes before serving.

Oven: Preheat oven to 375°F. From FROZEN, place pieces in a single layer on a lined sheet pan or on a wire rack sprayed with pan spray and heat for 8-10 minutes.

CinniMinis

Heat & Serve: Heat frozen Mini Cinnis in ovenable pouch. Preheat oven to 350F. Place pouches flat on baking sheet and heat for 10-12 minutes* ***DO NOT** place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.

Egg & Cheese Croissant

Heat from refrigerated.

Remove from wrapper. Wrap in a paper towel. Heat sandwich in microwave for 50 seconds or until hot.

French Toast Sticks w/ Sausage

French Toast: Oven: Bake from frozen. Heat oven to 400 degrees. Bake 8-10 minutes, turning the pan ½ way through cooking time.

Sausage: PAN FRY: Remove sausage from packaging and place in medium sized skillet. Cook on medium-low heat for 5-7 minutes. Turn sausage and cook for another 5-7 minutes. OVEN: Arrange in a single layer on a shallow pan. Bake at 350 degrees F for 12-15 minutes.

Frudel

Heat & Serve. Heat frozen Frudel in ovenable pouch by placing flat on baking sheets. Preheat oven to 350 degrees and heat pouches for 11-13 minutes. * *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.

Mac & Cheese:

(Bowl): Thaw if frozen. Microwave: Remove the lid. Place in the microwave. Cover loosely with a paper towel. Microwave on high 2-3 minutes. Remove cover and stir. Continue heating, uncovered, for an additional 1-2 minutes until the product reaches 165°F. Let stand 1 minute prior to serving. Stir prior to serving.

(Pouch): FROM FROZEN, Microwave Heating Instructions (from thawed): If frozen, thaw pouches of pasta in the refrigerator for 24 hours. Cut 1/2" slit in bag and place slit side up in microwave. Heat on high power for 60 seconds. Allow bag to cool, carefully remove from microwave, pour into a bowl and serve.

Mini Pancakes

Microwave: Open one end of the pouch to vent during heating. Place pouch on a microwave safe plate. Heat on high for 30 seconds. Let stand in the microwave for 30 seconds before eating.

Orange Chicken

Chicken: Preheat oven to 400 degrees Fahrenheit. Place single layer of chicken on a baking sheet and bake for 18-20 minutes until crisp and golden brown and to an internal temperature of 165 degrees Fahrenheit. Sauce: Bring to room temperature while cooking chicken. Just prior to serving combine sauce with chicken, mixing thoroughly to cover all chicken pieces.

Pizza

For a crispy crust: Preheat oven to 325 F. Place pizza directly on center oven rack. Cook for 7 to 10 minutes or until cheese is melted and crust edges are golden brown.

For a softer crust: Preheat oven to 325 F. Place pizza on a baking sheet. Cook for 8 to 11 minutes or until cheese is melted and crust edges are golden brown.

Pretzel Dog

Microwave: Place pretzel dog on microwave safe plate. Microwave on high for 1 minute 30 seconds.

Rice (For Orange Chicken and Teriyaki Chicken)

Place ½ cup rice in a microwave safe bowl. (Rice doubles in size during cooking so choose a container large enough to accommodate final product.) Add 1 ½ cups of water. Cook for 5 minutes at 100% power. Cook for 15 minutes at 50% power. Let rest for 5 minutes. Do not stir the rice at any time during the cooking process

Teriyaki Chicken

Preheat oven to 350 degrees Fahrenheit. Bake chicken and sauce in a covered oven safe pan until internal temperature reaches 165 degrees Fahrenheit.

Wild Mike's Cheese Bites w/ Marinara

Microwave: (If wrapped in foil, remove foil first.) Place frozen product on microwave safe plate (best from frozen) Heat for 1 min 20 sec at 80% power. *Let cooked product stand 1-2 minutes before serving. Cheesy filling may be hot.

Oven: Preheat oven to 350 degrees. Place frozen cheese bites on baking sheet. Bake: 10-12 minutes let stand 1-2 minutes before serving due to cheesy filling being hot.