



Boston Chowda Co.

# Mushroom Barley Soup

*A savory, hearty and gluten-free soup that's simply delicious.*



Item #	UPC	Case	Pallet
2032	880632020238	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

**INGREDIENTS:** VEGETABLE STOCK (water, salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, spice, turmeric), MUSHROOM, BARLEY, CELERY, CARROT, ONION, CORNSTARCH, HERBS, SALT, SOY SAUCE (water, soybeans, sugar, salt, wheat flour, extract of mushroom, sulfur dioxide), GARLIC, NATURAL FLAVOR, SPICE, NISIN.

**CONTAINS:** Soy, Wheat.

**COOKING INSTRUCTIONS:** Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

**HANDLING:** Keep frozen. Thaw under refrigeration.

**SHELF LIFE:** 18 months from manufacture date, frozen. Once thawed use within 21 days.

## Nutrition Facts

Serving Size 1 cup (241g)

### Amount Per Serving

Calories 90      Calories from Fat 0

% Daily Value\*

Total Fat 0g      0%

Saturated Fat 0g      0%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 790mg      33%

Total Carbohydrate 19g      6%

Dietary Fiber 4g      14%

Sugars 4g

Protein 4g

Vitamin A 35%      • Vitamin C 4%

Calcium 2%      • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.



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