



Boston Chowda Co.

# Haddock Chowder

*A classic East Coast comfort food, this creamy, hearty chowder is loaded with premium haddock fillets.*



Item #	UPC	Case	Pallet
2151	880632003545	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

**INGREDIENTS:** HALF & HALF (milk, cream), FISH STOCK (water, cooked white fish, fish stock, salt, maltodextrin, modified food starch, potato flakes, butter [pasteurized cream, salt], autolyzed yeast extract, dried whey, corn oil, dextrose, carrot powder, onion powder, clam broth, natural flavoring), HADDOCK, POTATO, CELERY, ONION, CANOLA OIL, WHITE WINE (wine, salt), CORN STARCH, WHEAT FLOUR, SEA SALT, GARLIC, SPICES, NISIN.

**CONTAINS:** Fish, Milk, Wheat. This product contains wine which has naturally occurring sulfites.

**COOKING INSTRUCTIONS:** Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

**HANDLING:** Keep frozen. Thaw under refrigeration.

**SHELF LIFE:** 18 months from manufacture date, frozen. Once thawed use within 21 days.

## Nutrition Facts

Serving Size 1 cup (241g)

### Amount Per Serving

<b>Calories</b> 260	Calories from Fat 120
% Daily Value*	
<b>Total Fat</b> 13g	21%
Saturated Fat 6g	31%
Trans Fat 0g	
<b>Cholesterol</b> 75mg	24%
<b>Sodium</b> 790mg	33%
<b>Total Carbohydrate</b> 18g	6%
Dietary Fiber 1g	5%
Sugars 4g	
<b>Protein</b> 13g	

Vitamin A 4% • Vitamin C 6%

Calcium 15% • Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet.



PGI Foods

101 Phoenix Ave., Lowell, MA 01852 / Tel: 978 970 3832 / Fax: 978 441 2528

www.pgifoods.com / email: sales@plenus-group.com