



Andrew P. Poppas

Chief Executive Officer



General Andrew P. Poppas, retired on Jan 31, 2026 from the United States Army after over 37 years of service. On June 1, 2026, he became the Chief Executive Officer of Cypress International, Inc. in Alexandria, Virginia.

EXPERIENCE

Before joining Cypress, General Poppas served in various staff and leadership positions. He most recently served as Commanding General, U.S. Army Forces Command (FORSCOM), the U.S. Army's largest organization, where he commanded 216,000 active-component Soldiers and 190,000 members of the U.S. Army Reserve, while also providing training and readiness oversight to the Army National Guard. In total, the FORSCOM team included more than 740,000 Soldiers and 13,000 civilians.

A native of Wisconsin, General Poppas graduated from the United States Military Academy at West Point and was commissioned in 1988. His early assignments included service with the 3rd Infantry Regiment at Fort Myer, Virginia; the 82nd Airborne Division at Fort Bragg, North Carolina; as a foreign area officer in Thessaloniki, Greece; and on the Joint Staff in Washington, D.C.

He commanded at every level, including the 3rd Battalion, 505th Parachute Infantry Regiment; 5th Squadron, 73rd Cavalry Regiment; the 1st Brigade Combat Team, 101st Airborne Division (Air Assault); and the 101st Airborne Division (Air Assault). His operational deployments included service in support of Operation Iraqi Freedom and multiple deployments to Afghanistan in support of Operation Enduring Freedom.

General Poppas also held senior Army and Joint Staff leadership roles, including Deputy Director for Regional Operations and Force Management on the Joint Staff, Director of Force Management in the Headquarters, Department of the Army G-3/5/7, Director for Operations, and Director of the Joint Staff. As Director of the Joint Staff, he assisted the Chairman of the Joint Chiefs of Staff as advisor to the President and Secretary of Defense, coordinated and directed Joint Staff activities in support of the Chairman, and served as the Staff Inspector General.

Known for his leadership and focus on warfighting, readiness, and Soldier welfare, he led organizations ranging from small tactical units to the Army's largest command.

EDUCATION & TRAINING

Bachelor of Science in National Security Affairs, United States Military Academy

Master of Science in Occupational Education, Kansas State University

National Security Fellowship at Harvard University

Military education and professional development include the Defense Language Institute, the U.S. Army Command and General Staff College, and senior-level joint professional education.

ORGANIZATIONS

General Poppas continues to contribute to leadership and advisory efforts in national security and defense-related initiatives.