

Carla Long (Rey)



Carla Long and Major General (Promotable) Jeth Rey have been married since 2011. They met at Fort Liberty, North Carolina. Her stepson, Jeth Rey II, is a registered nurse who with his wife, Tyera, and infant son; Jeth Rey III, live in Houston, Texas. Carla was born and raised in Los Angeles County, California. She completed her bachelor's and master's degrees in Psychology at California State University Dominguez Hills in Carson, California and she completed her Doctor of Philosophy in Clinical Psychology at California School of Professional Psychology in Fresno, California. She was commissioned in the Army in 1990. While on active duty, Carla was assigned to a variety of locations including Hawaii, Korea, Fort Eisenhower, Georgia, Fort Liberty, North Carolina, the Sinai Peninsula, Tampa, Florida, and combat deployments to Iraq and Afghanistan. Colonel (Retired) Carla Long culminated her active duty career in 2016 as the Command Psychologist, United States Special Operations Command. She has extensive experience in assessment and selection of personnel. She deployed multiple times in support of combat operations. As a military spouse of an Army officer, she actively participates in family readiness programs and provides support to service members, their spouses, and their families. Carla is the owner of Carla D. Long, PhD, LLC and provides operational psychology consultation and supports various government contracts. She is also on the Board of Directors for the Special Operations Warrior Foundation. An organization that provides full educational funding, cradle to career for the children of fallen Special Operations Forces. In her free time, Carla enjoys working out, traveling, and supporting her soldier.