



Beth Melton Poppas

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Beth Melton Poppas is a progressive care clinical nurse educator at Inova Heart and Vascular Institute, Falls Church, Virginia, and an adjunct clinical instructor in medical-surgical nursing at Marymount University, Arlington. Her 30-year nursing career has focused on adult critical care and undergraduate education at a wide variety of healthcare and educational facilities across the country.

The wife of an active-duty Army officer, Poppas is very involved with the military community, serving in multiple volunteer leadership and advocacy roles. She holds an MSNED from Liberty University in Lynchburg, Virginia, and a BSN from Barton College in Wilson, North Carolina. She also co-leads review courses for CCRN, PCCN, medical-surgical and gerontological nursing certifications.

Beth and her husband, Andrew, have been married for 22 years, and have 3 children: Nicolas (19 years), Isabella (17 years) and Olivia (15 years).

