

GANGSTERS ANONYMOUS



Attraction Over Promotion

Our public relations policy is based on attraction, not promotion. We uphold anonymity to ensure our fellowship speaks through principles, not personalities. The spirit of humility protects us from ego-driven recognition and keeps our message clear. The Power of Example People are drawn to transformation, not advertisement. By living our recovery quietly and sincerely, we demonstrate a lifestyle of peace and purpose that invites curiosity and hope.

“Let your light shine, but don’t aim the spotlight on yourself.”

Media Influence & Ego

Commercials, movies, and music often glorify image, fame, and power. This creates pressure to promote ourselves, chase validation, and measure worth by reputation.

For those in recovery, this mindset is a return to bondage — the old way of living in fear and pride.

Spiritual Centering

Step 11 teaches conscious contact with a Higher Power through prayer and meditation. In a world that promotes noise and attention, we rebel by embracing silence, humility, and inner guidance.

“The world tells us to go viral — recovery teaches us to go inward.”

Practical Spiritual Application

• Media Fasting:

Take weekly breaks from media that promotes violence, greed, or lust.

• Quiet Time:

Spend at least ten minutes daily in prayer or meditation.

• Gangsters Anonymous Service:

Help others quietly — teach, clean, or serve without credit.

• Uplifting Input:

Replace negative content with spiritual readings or recovery material.

• Group Reflection:

Use meetings to explore how anonymity deepens spiritual growth. Closing Reflection While the world glorifies pride, Gangsters Anonymous stands for peace and humility. By practicing anonymity, we keep our fellowship safe and our purpose pure — allowing attraction, not promotion, to carry our message to those still suffering

What Makes Tradition 11 So Important



Gangsters Anonymous

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