



310 Rt. 36, Unit 703  
 West Long Branch, NJ 07764  
 732-440-4373

**Spring Class Schedule**  
 Effective 4/15/19

Satori Ocean Class Schedule					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:30 - 10:00 AM Mini Samurai
					10:00 - 10:30 AM Little Samurai
4:15 - 4:45 PM Mini Samurai	4:30 - 5:15 PM Junior & Teen	4:15 - 4:45 PM Mini Samurai	4:15 - 4:45 PM Lil Sam		10:30 - 11:15 AM Junior Basic
4:45 - 5:15 PM Little Samurai	Junior Interm. & Advanced	4:45 - 5:15 PM Little Samurai	4:45 - 5:30 PM Junior & Teen		11:15 - 12:00 PM Junior & Teen
5:15 - 6:00 PM Junior Basic	5:15 - 6:00 PM Junior BJJ	5:15 - 6:00 PM Junior Basic	Interm. & Advanced 5:30 - 6:00 PM Mini Samurai		Junior Interm. & Advanced
	6:00 - 6:30 PM Lil Sam		6:00 - 6:30 PM Lil Sam		12:00 - 12:45 PM BJJ
6:15 - 7:00 PM Junior & Teen Advanced	6:45 - 7:30 PM Junior Basic	6:15 - 7:00 PM Junior INT	6:45 - 7:30 PM Junior Basic		12:45 - 1:30 PM Adult Martial Arts
7:00 - 7:45 PM Junior INT	7:30 - 8:30 PM Adult Kickboxing & Fitness	7:00 - 7:45 PM Junior & Teen Advanced	7:30 - 8:30 PM Adult Kickboxing & Fitness		
7:45 - 8:45 PM Adult Martial Arts		7:45 - 8:45 PM Adult Martial Arts			2:00 - 3:30 PM BIRTHDAY PARTIES

Class	Description	
Mini Samurai	Ages 3 - 4	2 Classes a Week
Little Samurai	Ages 5 - 6	2 Classes a Week
JR Basic	Ages 7 - 9	White, Yellow, Orange, Green
JR INT	Ages 9 - 12	Green, Purple, Blue
JR Advanced	Ages 9 - 14	Blue, Red, Brown
Brazilian Jiu Jitsu	Ages 7 - 15	Invitation Only
Adult MA	Ages 13 and Up	All Ranks
Adult Fitness	Ages 13 and Up	All Experience Levels