

## Snacks 5

BeDeviled Eggs

  24-Hour Onion Dip & Chips

 Chickpea Fries & Romesco

## Appetizers

Smoked Wings 11

*chipotle glaze, yogurt-ranch, celery*

Jersey Potato Skins 13

*Benton's bacon, jalapeno, herbs, cheese*

 Local Burrata 14

*brussel sprouts, aged balsamic, hazelnuts, toast*

 Mushroom Toast 12

*Kennet Sq mushrooms, ricotta, creamy mushroom vin*

Rhode Island Calamari 12

*giardiniera vinaigrette, celery, parsley*

Maryland Crabcake 15

*spicy remoulade, tarragon, marinated vegetables*

Spiced Lamb Ribs 15

*onion-herb stuffed pita, mint-lemon yogurt*

Minestrone Soup 7

*parmesan broth, beans, ditalini*

PEI Mussels 14

*chorizo, jalapeño, lager, cilantro, grilled bread*

 Hummus & Pita 7

Soup of the Day 8

Daily Omelette & Salad 12

*3 local eggs, cheese, seasonal vegetables, toast*

# THE FARM AND FISHERMAN



TAVERN AND MARKET

## Wolf Moon

*special thanks to the local farmers and purveyors that provide premium ingredients for our fabulous fare.*

F&F Fast & Fresh Lunch 12

*choice of half*

*Turkey Reuben, BLT, Tuna Melt,*

*Cauliflower Panini, or a Brisket Burger*

*& Soup or Chopped Salad*

Combination of Soup & Salad 9

## Salads

  Chopped 12

*greens, shaved vegetables, olives, feta, oregano vin  
add prawns 5 add chicken 3*

 Bloody Beet 12

*yogurt, pistachio, greens, pan drippings*

Red Trout 15

*quinoa, beets, almonds, raisins, kale, sumac vin, tabini*

 Kale Apple 13

*candied pecans, bacon, ricotta salata, honey-dijon*

Spinach 13

*grilled winter veg, crispy speck, goat cheese, smokey buttermilk dressing*

## For the Table

 Breads & Spreads 16

*smoky hummus, romesco,  
chickpea fries, pickles, puffed pita*

  Caramelized Cauliflower 9

*'shroom cream*

Goat Taco-Pita 14

*braised goat, mint, radish, feta, salsa roja*

## Sandwiches

Served with twice-cooked fries or simple green salad

Triple Stacked BLT 12

*overnight tomatoes, thick cut bacon, tavern aioli*

Astoria Burger 15

*ground lamb, feta, cucumber, grilled onion, tabini ketchup*

Colonial Burger 16

*grass-fed beef, bacon, caramelized onion, cheddar, malt mayo*

Industrial Burger 15

*dry-aged brisket, cheddar cheese, tavern sauce, onion jam*

 Cauliflower Panini 12

*pickled carrots, arugula, jalapeño, citrus aioli, ricotta salata*

Roast Pork 14

*arugula, caramelized onion, crispy skin*

Hand-Carved Turkey Reuben 12

*black pepper rye, local kraut, swiss, open-faced*

Smoked Local Tuna Melt 13

*NJ albacore, Jersey tomato, multigrain, swiss*

Beer Battered Fish 13

*iceberg, Jersey tomatoes, tartar*

Farmer's Rib-Eye Cheesesteak 15

*local greens & 'shrooms, caramelized onions, cooper sharp*

Bobby's Buffalo Fried Chicken 14

*creamy blue cheese, celery slaw, iceberg*

 GLUTEN FREE  VEGETARIAN

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*