



BENEFIT *buzz*

Are you being told you are not insured?

Did you recently have a visit with a provider (i.e., doctor, urgent care, etc.) and were told you are not insured? We have received several calls from participants that were told this when they went to their doctor, particularly Mercy and BJC providers.

We have found that providers are confusing our group with the UnitedHealthcare Commercial Group; therefore, they are verifying eligibility under the wrong plan. We are NOT part of the commercial plan; we are a UnitedHealthcare Shared Service Group. If this happens to you, please ask your provider to look at the back of your insurance card.

There are two ways providers can verify eligibility...

- 1) Call (888) 830-0179
- 2) Visit the website, uhss.umar.com

This information is also listed on the back (see below) of your insurance card. Keep in mind, this only applies to the participants covered under the Active or Non-Medicare group.



MEMBERS: 800-489-0228 / stllaborers.com	
MEDICAL & MENTAL HEALTH PROVIDERS: 888-830-0179 / uhss.umar.com	
CLAIMS: ED#39026, UHSS PO Box 30783 Salt Lake City, UT 84130-0783	
PRIOR AUTHORIZATION: 866-847-5354	
MAP: STL Laborers' Member Assistance Prog. 800-617-0858 / liveandworkwell.com	
Pharmacy: OptumRx at 855-577-6319 optumrx.com	Dental: Delta Dental of Missouri at 800-335-8266 / deltadentalmo.com Electronic Payor ID#: 43090
 BIN: 610011 Grp: SLCLWF PCN: IRX	Vision: Vision Service Plan (VSP) at 800-877-7195 / vsp.com
Provided by the Greater St. Louis Construction Laborers' Welfare Fund 2357 59th St., St. Louis, MO 63110. Refer to your Summary Plan Description for coverage details at www.stllaborers.com .	

2357 59th Street
St. Louis, MO 63110
(314) 644-2777
(800) 489-0228
Fax: (314) 646-4440
www.stllaborers.com
benefits@stllaborers.com

Office Hours
Monday-Friday
7:00 a.m.-4:30 p.m.
Phone Hours
Monday-Friday
7:30 a.m.-4:30 p.m.

April 2022 ISSUE

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Your Member Assistance Program*
800-617-0858
Real people. **Real life.**
Real solutions.
Or log on to
liveandworkwell.com
Access code: laborers

*The MAP benefit is for all Active and Non-Medicare eligible members.

PENSION *buzz*



2022 Pension Check Dates



Mark Johnes

He is a member of Local 42 and he has been Laboring for 25 years!

After retirement, he is planning on traveling, hunting and spending time with his family.

The most exciting thing about retirement is, he no longer has to work!



Robert Zeisler

He is a member of Local 42 and he has been Laboring for 34 years!

After retirement, he is planning on working around the house and relaxing with family at his new camping lot.

The most exciting thing about retirement is, physically feeling better!



Richard Vaughan

He is a member of Local 42 and he has been Laboring for 33 years!

April 27th

May 25th

June 22nd

July 27th

August 24th

September 28th

October 26th

November 16th

December 14th

Stay current on news and events at www.stllaborers.com!

WELLNESS PROGRAM

FREE

The Wellness Program is FREE to...

All Eligible Active Members, Retirees, Medicare Members & All Covered Spouses.

EASY

Your FREE wellness screening takes just a few minutes and is available at over 1,600 approved, walk-in clinics nationally!

\$100 GIFT CARD*

All eligible members & covered spouses who complete BOTH their FREE wellness screening and wellness survey will receive a Gift Card!

REGISTER ONLINE

wellness.hhhealthassociates.com

NEW Users Code: **LABORERS**

EXISTING Users:

Username (email) & Password

- Click the link in your email to activate your account.
- Choose your location (approved walk-in clinic or on-site event).
- Complete the wellness survey.

OR BY PHONE



800.832.8302

(M-F, 8:30-5pm CST)

All Test Results & Surveys are kept 100% Confidential!



MAY

21 7:30am to 11:30am

at Local 42
301 S. Ewing Ave.

2 WAYS TO PARTICIPATE

- ✓ Approved Walk-In Clinic
- ✓ On-Site Event

*Only one gift card per person per year will be awarded. You must be an eligible member or covered spouse under the Plan. The Benefit Office is not responsible for lost or stolen gift cards.

GET A FREE **\$100 GIFT CARD** WHEN YOU GET A COVID-19 VACCINE*

VACCINES ARE FREE.
AVAILABLE AT MOST PHARMACIES.

TAKE A
SHOT
TO STOP
COVID-19

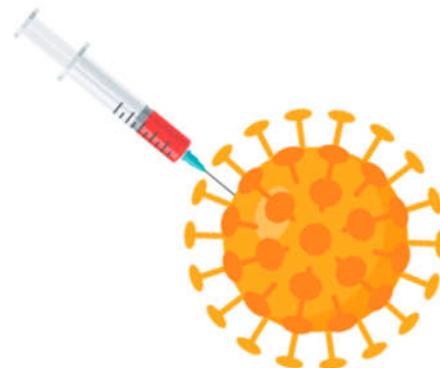
If you are a member or spouse that is covered under the Plan and received your full COVID-19 vaccine **on or after August 18, 2021**, you may be eligible to receive a **FREE \$100 Gift Card**.

Send us a copy of your COVID-19 Vaccination Record Card to receive the \$100 Gift Card.

Mail: Laborers' Benefit Office
2357 59th St. St. Louis, MO 63110

Fax: (314) 646-4440

Email: benefits@stllaborers.com



After your eligibility is checked and your COVID-19 Vaccination Record Card is received and verified, we will mail you a **FREE \$100 VISA gift card**.

If you have questions or need to know where you can get a vaccine, call the **Benefit Office** at (314) 644-2777 ext. 2.

Please Note: In order to be eligible you must be fully vaccinated with a COVID-19 one shot or two shot dose on or after August 18, 2021. **Receiving your booster does not qualify you for the \$100 gift card.**

In case you missed it...

Last month, we discussed why your prescriptions could be denied at the pharmacy. Below are some of the reasons that this could happen.

Have you returned your yearly Coordination of Benefits (COB) form?

If you have recently gone to the pharmacy and you were told you have other insurance coverage, but you don't, this usually means that we are needing a COB form. This form is mailed to the member every year during their birthday month.

The reason for this form is to see if anyone in the family has other insurance coverage that could be primary over the Laborers'. **Even if no one in your family has other coverage, the form must be completed and signed every year.** Keep in mind, any dependents who are 18 years or older will have an Adult Child Coordination of Benefits (ACOB) form to complete and sign.

If your birthday has already passed and you have not filled out this form, call the [Benefit Office](#) at (314) 644-2777 ext. 2 to have a form mailed to you. You can also access the form(s) online by visiting stllaborers.com.

Note: This form only pertains to the Active and Non-Medicare Retiree members.



Have you seen Buzz?

Guess who wants to play hide and seek? Buzz, is hiding in three places throughout the newsletter. Keep in mind, Baby Buzz will be a smaller version of Buzz that is on the front page.

Once you find all three, send us an email at benefits@stllaborers.com and tell us everywhere baby Buzz was hiding! You can also circle them in the newsletter and mail the newsletter to our office. At the end of April, we will put all the entries in a drawing to win a \$25 gift card.

GOOD LUCK!

Peace of mind starts here

Introducing virtual mental health services at Everside Health at no additional cost



Are you having trouble dealing with any of these common life challenges?

- Stress
- Feeling down or hopeless
- Trouble sleeping
- Anxiety
- Irritability
- Grief
- Substance or alcohol misuse
- Unhealthy relationship with food

Our mental health team at Everside Health can help.

During your appointment, you will be asked questions about your physical symptoms, emotional concerns, behaviors, and how these relate to one another. Our virtual mental health provider will then complete a solution-focused evaluation and treatment plan that has achievable goals to provide the best chances of treatment success. All appointments are free of charge and are confidential.

Get the support you need

National Suicide Prevention Lifeline: 800-273- TALK (8255)

National Crisis Text Line: 741741

Suicide Prevention Text Line: Text the phrase HELPNOW to 20121

Locations

Chesterfield

1574 Woodlake Dr.
Chesterfield, MO 63017

Creve Coeur

11770 Olive Blvd.
Creve Coeur, MO 63141

North County

245 Dunn Rd.
Florissant, MO 63031

South County

4850 Lemay Ferry Rd., Ste. 115
St. Louis, MO 63129

St. Peters

5700 Mexico Road, Ste. 16
St. Peters, MO 63376

More locations opening in 2022!

Fairview Heights, IL

Festus

Washington

Virtual mental health services available for members ages 18 and up

Get started, call **866-808-6005** or visit members.eversidehealth.com

Learn more at eversidehealth.com/stlouislaborers



LABORERS'

BENEFITS • ST. LOUIS

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- No Co-Pay
- No Deductible
- No Co-Insurance



Contact Teladoc for all your
 telemedicine needs.*

www.teladoc.com
 800-835-2362



*This benefit is for all Active and Non-Medicare eligible members.



SUN	MON	TUES	WED	THURS	FRI	SAT
					1 APRIL FOOLS	2
3	4	5	6	7	8	9
10	11	12	13 Local 110 Union Mtg.	14	15 Good Friday CLOSED	16
17 	18	19	20	21	22	23
24	25	26	27 Pensioner Payday Local 42 Union Mtg.	28	29	30

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5 CIVIL RIGHTS MAYO	6	7
8 HAPPY MOTHERS DAY	9	10	11 Local 110 Union Mtg.	12	13	14
15	16	17	18	19	20	21 ARMED FORCES DAY
22	23	24	25 Pensioner Payday Local 42 Union Mtg.	26	27	28
29	30  CLOSED	31				

This newsletter is a brief summary of your benefits. The Plan Document has final authority in the case of any conflicts or confusion as to Plan benefits.