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## Community

### People & Places

# Drive helping out Shoes for the Cure

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Hollywood cardiologist **Adam Splaver** has launched the "Heart & Sole" project as part of National Heart Month.

Splaver's practice, Nano Health Associates, is spearheading the collection of new and worn shoes throughout the month to benefit Shoes for the Cure, which specializes in collecting used footwear for recycling and new footwear for donation.

Splaver encourages residents to donate athletic shoes to promote heart-healthy activities among youths.

"I believe in being proactive, preventing disease whenever I can rather than just treating it reactively," he said.

The "Heart & Sole" campaign quickly attracted two partner organizations: Youfit Health Club in Hollywood and Weinbaum Yeshiva High School in Boca Raton, where Splaver's three children go to school.

Throughout February, Shoes for the Cure collection bins will be set up at all three locations to accept donations of new or worn shoes, slippers, boots and sneakers. Nano Health Associates is at 3700 Washington St., Suite 400, Youfit is at 3120 Oakwood Blvd., and Weinbaum Yeshiva is at 7902 Montoya Circle.

When the collection ends, a check also will be mailed to the American Heart Association based on the number of shoes collected.



SUBMITTED PHOTO

Adam Splaver is surrounded by donations to the "Heart & Sole" shoe drive he's organized.

"I'm thrilled to have the support of Youfit Health Clubs and Weinbaum Yeshiva High, so together we can spread word about the importance of good heart health in our daily lives and support a worthwhile organization," Splaver said.

At Weinbaum Yeshiva, students in the Chesed and Tzedakah Club are working to make the shoe drive a success.

"We always like to do community projects, but it is especially important to support a project run by a member of our parent

body," said **Lysee Stein**, club adviser and assistant to the principal.

The three student leaders of the club are **Simcha Chern**, **Yael Attias** and **Francine Szerer**.

"Students tend to have a lot of shoes. Getting rid of some of them to benefit the community is a good idea," Chern said.

"This is a great project," Szerer said. "A shoe drive is different, and we'll try to get as many kids at school involved as we can."

For more information, call 954-980-0361.

