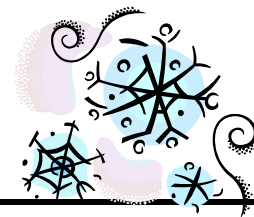
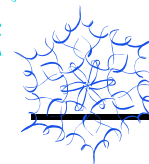
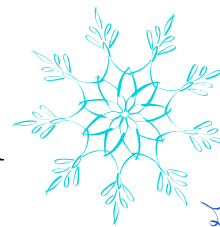

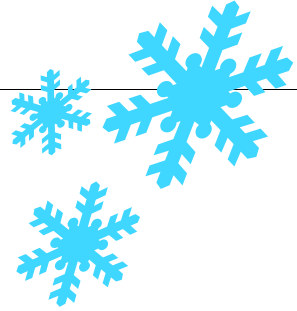


Parents: Visitors must call the front office by 9am to order their lunch the day they visit. The price of a visitor meal is \$3.00. We cannot charge any visitor lunches to your child's lunch account. Payments must be made in the front office before lunch. Thank you.

Fresh Fruit and Unlimited Salad Bar offered EVERYDAY!!
Milk or Juice Choice with each lunch. Drinking water is available.

Promontory Lunch January 2019



Mon	Tue	Wed	Thu	Fri
	WINTER		BREAK	
7 A: Enchiladas-GF B: Taco Bar-GF,DF Served with Seasoned Black Beans	8 A: Ham & Potato Soup-GF B: Chef Salad-GF,DF Served with Focaccia Bread Sticks	9 <u>AM Kindergarten</u> A: Hamburger-DF B: Mac & Cheese Served with French Fries	10 A: Chili-GF,DF B: Baked Potato Bar-GF,DF Served with Cornbread	11 <u>Early Out 1:30pm</u> A: Breakfast Burrito-DF B: Fruit & Yogurt served w/Granola -GF
14 A: BBQ Chicken Sandwich-DF B: Chef Salad-GF,DF Served with BBQ Baked Beans	15 A: Macaroni Dinner-DF B: Mandarin Chicken Salad-GF,DF	16 <u>PM Kindergarten</u> A: Bean Burrito-DF B: Taco Salad-GF,DF Served with Seasoned Black Beans	17 A: Breakfast Pizza-GF, (DF option) B: Fruit and Yogurt-GF Served with Fresh Banana Bread	18 A: Cheese Pizza B: Pepperoni Pizza Served with Sweet Corn
21 <u>No School MLK Jr. Day</u>	22 A: Cheese Quesadilla B: Taco Salad-GF,DF Served with Refried Beans	23 <u>AM Kindergarten</u> A: Sloppy Joe-DF B: Mandarin Chicken Salad-GF,DF Served with French Fries	24 A: Scrambled Eggs-GF,DF B: Fruit and Yogurt-GF Served with Pancake Squares	25 A: Ham & Potato Soup-GF B: Chef Salad-GF,DF Served with Focaccia Bread
28 A: Sweet & Sour Chicken-GF,DF B: Mandarin Chicken Salad-GF,DF	29 A: Chili-GF,DF B: Baked Potato Bar-GF,DF Served with Cornbread	30 <u>PM Kindergarten</u> A: Breakfast Burrito-DF B: Fruit & Yogurt served w/Granola-GF,DF	31 A: French Dip Sandwich B: Chef Salad-GF,DF Served with French Fries	

*Please contact me with any diet/allergy needs. Most meals can be adapted to meet your needs. **Menu items possibly come in contact with gluten or dairy.

USDA is an equal opportunity provider and employer.