

BITE TURBO

Bite turbos are blue glue that Doctor has placed behind your front teeth. Bite turbos are used to speed up the correction of overbites and prevent your natural bite from breaking off your braces during the initial months of your treatment.

What to expect:

When the bite turbo is initially placed, the back teeth will not meet while chewing food. This is temporary but eating soft foods for the first two weeks will make eating more tolerable. Your teeth will settle into place over time, but at first you will not be able to chew food completely and will have to learn to swallow larger pieces of food.

In the unlikely event that a bite turbo falls off, call the office and we can schedule an appointment to have it replaced.

This is not an emergency.

