



JACKSON MEMORIAL BAPTIST CHURCH

Reverend, Dr. Gregory A. Sutton
Senior Pastor

JMBC

7-Day FASTING

PRAYER and Consecration

Corporate



Isaiah 58:6 KJV

*Is not this the fast that I have
chosen; to loose the bands of
Wickedness, to undo the heavy
burdens, and to let the
Oppressed go free, and that ye
break every yoke?*

See Fasting Guide for Instructions

Below: (next page)

BEGIN

FEB 5

TIME

6:00PM

END

FEB 12

TIME

6:00PM

www.Jacksonmemorialbaptistchurch.com

Jackson Memorial Baptist Church

Seven (7)-Day Fast

February 5-12, 2023

"Moving Forward in our Faith"

PURPOSE: To seek the Lord's direction, and gain clarity on the church moving forward in faith through fervent practices of Prayer, Praise and Outreach (PPO).

Focus Scripture: ¹³ No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, ¹⁴ I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. *Philippians 3:13-14 NLT*

Begin: Sunday February 5, 2023 @ 6pm

End: Sunday February 12, 2023 @ 6pm

- **Fast From:** things that keep you from hearing God (i.e., tv, social media, idle talk, doubt, and worry).
- **EAT Up:** Gods word daily,
- **Spend:** Time in prayer listening to God, time speaking God's word over your life daily.
- **Pray:** Daily @ 6am and 6pm (Pray for the Pastor, church, community & Law Enforcement).
- **Outreach:** Seek to encourage someone each day. Speak faith filled words to everyone you encounter. Your words create images.
- **Leave Behind:** Stinking thinking and ungodly habits.
- **Run Into:** Your new season that is filled with God's word, faith and hope!

Prayers for Faith and Hope
(Moving Forward 2023)

These prayers for faith and hope will help us as we fast from things that distract us and keep us from hearing, knowing, and understanding the voice of God. This is the year that we will impact the community!

Pray These Prayers Daily

1. JOB 38:1, IT SAYS "THEN THE LORD ANSWERED JOB OUT OF THE WHIRLWIND"

Dear Lord, speak truth to me in the middle of my own personal whirlwind. Help me to see what you want me to see. Keep my mind clear and my relationship with you strong. Hold me up and help me to not falter in my faith. If my thinking process isn't in line with how you want me to think, help me to pivot and begin thinking in the right direction. Help me to understand that you are in control and that I can trust you completely. Speak peace into my life today. Help me to rest in you. My hope is in you! In Jesus name, amen.

2. MATTHEW 8:26 TELLS US, "THEN HE AROSE, AND REBUKED THE WINDS AND THE SEA; AND THERE WAS A GREAT CALM."

Lord Jesus, just as you were with your disciples in the midst of the stormy seas, I know you're with me in my storm right now. Help me to remember that when the time is right, you'll rise up and calm the storm. I know you are able, and I trust you. Calm my heart and teach me to stay close to you during this time. Strengthen my faith as I walk with you. I'm thankful you are "in the boat" with me just as you were with your disciples. Because of you, I have hope. Thank you for walking with me so I'm not walking through this alone. In Jesus name, amen.

3. PSALM 46:1-2 REMINDS US, "GOD IS OUR REFUGE AND STRENGTH, AN EVER PRESENT HELP IN TROUBLE. THEREFORE WE WILL NOT FEAR..."

Kind Father, you alone are my refuge and strength. You are my help in times of trouble. I will not fear, but instead I will place my faith and hope in you and your promises. You are for me! I am your child, and you love me. You have plans and a purpose for my life. You won't leave me stranded, but you will speak peace in the midst of the chaos. You are faithful! Teach me to trust you completely. Lead me into your perfect peace that surpasses all understanding. In Jesus name, amen.

Read These Scriptures Daily

Isaiah 12:2
Isaiah 26:4
Jeremiah 29:11
Joshua 1:9
Proverbs 29:25

Isaiah 26:3
Isaiah 41:10
John 10:10
Philippians 4:19
Psalms 9:10

Psalms 20:7
Psalms 28:7
Psalms 32:10
Psalms 143:8
Romans 15:13