

# SWEET BABY BROCCOLI

## FOODSERVICE

### ON TREND: SMALL & TENDER

Sweet Baby Broccoli is uniquely sweet and tender from florets to stem. And because 100% of the product is edible, it helps reduce food waste and kitchen prep.

Sweet Baby Broccoli, a cross between Broccoli and Chinese Kale, (Gai Lan) is a versatile ingredient for both cooked and raw applications.

Dice for salads, stir fry's or bowls.

Simply steam for low-labor side dish.

### SWEET BABY BROCCOLI PROFILE

- FLAVOR:** Sweet, mild
- TEXTURE:** Tender, thin stalks
- HEALTH:** High in Vitamin C
- COLOR:** Similar to regular broccoli: dark green tops
- SIZE:** 6-8" in length
- BRAND:** Church Brothers Farms

### Nutritionals

35	CALORIES
1G	FIBER
3G	PROTEIN
30%	VITAMIN A
130%	VITAMIN C
6%	CALCIUM
4%	IRON

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

A great  
addition  
to bowls!



ITEM	SKU	PACK SIZE	CARTON DIMENSIONS	PER PALLET	TI/HI
Sweet Baby Broccoli Loose	451817	10 lb	11.75" x 19.81" x 6.625"	104	8/13

**ChurchBrothers.com**  
**800.799.9475**

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