

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH	<b>Fresh Sushi From Ringo</b>	Beef & Broccoli Gochujang Tofu Vegetable Fried Rice Chicken Pot Stickers	Classic Beef Stew Vegetable Stew Egg Noodles Green Peas & Carrots	Roasted Pork Loin with Onion Gravy Vegan Chicken with Onion Gravy Rice Pilaf Caramelized Brussels Sprouts	Buffalo Chicken Wings Vegan Buffalo Breaded Chicken Baked Mac & Cheese Collard Greens	Chorizo Scramble Vegan Chorizo Scramble Whole Wheat French Toast Oven Roasted Potatoes	<b>Cafe Open 12PM-8PM</b>
TOUR	<b>Assorted Sushi</b>	<b>Fresh Mex Taco</b>	<b>Pasta Bar</b>	<b>Noodle Mania</b>	<b>Cubanito Sandwiches</b>		
DINNER	Classic Meatloaf Vegan Chicken ala King Mashed Potatoes Green Peas & Carrots	Chicken Marsala Vegan Chicken Cacciatore Garlic Roasted Potatoes Sautéed Zucchini & Yellow Squash	Chicken & Sausage Jambalaya Vegan Red Beans Confetti Corn Muffins Boca Dirty Rice	Jumbo Meatballs with marinara sauce Linguini vodka sauce Spaghetti a olio Roasted Vegetables Garlic Breadsticks	Buffalo Chicken Wings Vegan Buffalo Breaded Chicken Baked Mac & Cheese Collard Greens	<b>Cafe Open 8am - 3pm</b>	Chef's Choice Protein, Starch & Vegetables



Recipe is free of any meat, fish, pork, or poultry but may contain dairy such as eggs, cheese or milk.



Recipe is free of any animal, dairy products or foods processed in facilities that process animal products.



Recipe is free of wheat derived proteins found in most breads or flours.



Recipe contains peanuts or tree nuts

### Tour

daily specials featuring global flavors includes a bottled water, canned soda or house brewer iced tea

### Steal A Deal

Tilapia Fish Tacos make it vegan with black bean & corn relish includes our house made chips \$4.75

### Brew

FRUIT SMOOTHIES a smoothie with your choice of fruit and vegetables vegan options available!