HIGH VOLTAGE
WELLNESS AND MEDSPA
A HOLISTIC MEDSPA & WELLNESS CENTER

High Voltage Wellness & MedSpa is much more than what you’ve come to expect from a premium med spa.
Outside of creating beautiful, natural looking medical aesthetic effects, we also offer holistic treatments as well with a focus on rejuvenation practices, including hormone management for men and women, medical weight loss, medical grade peels, iv vitamins and studio classes.

All this under one roof with a tranquil spa which includes air brush tanning, 24k facials, and a variety of wellness programs.

Our deep focus is on you, our patient, and creating customized treatment plans to meet your needs. Our goal is to optimize you from the inside out, while having a positive, educational and uplifting experience.

High Voltage is our premium quality, private label, pharmaceutical grade, prescription based corrective line, also including all natural sunscreens and more. It is our mission to offer you the very best our industry has to offer. Enjoy bringing out your best self with High Voltage Wellness and MedSpa!
High Voltage Wellness and MedSpa is committed to helping you achieve a complete transformation in your body, mind and soul. We believe that by creating the right vibration and energy between your physical body and spirit, you will be on the path to living a life full of happiness and freedom. We understand the importance of good health and the fact that it is a life goal that can only be achieved by making deliberate choices.

Therefore, our solution to all of your health challenges is to apply a holistic approach that utilizes a blend of natural options and scientific advancements; giving you the opportunity to live a balanced and super-charged healthy lifestyle.

At High Voltage Wellness and MedSpa, science meets nature to provide you with long-term health benefits that cannot be obtained in any other way. Our range of services includes brightening facials, 24k mask, a vitamin cocktail made especially for you, yoga and meditation or medical aesthetics and weight loss programs.

We believe that you are destined for greatness and this can only be achieved when you are living at the optimal level of health and wellbeing.
The Owners

High Voltage Wellness and MedSpa was created by AnnaMaria Locilento and Omar Wright co-founders of High Voltage Group, a luxury concierge company. High Voltage Wellness and MedSpa was founded in response to increasing demand by their existing clients for a holistic wellness center in Boston. With their combined creativity and shared years of experience, they created a business centered on making the lives of their clients more convenient.

The combined services offered by both businesses now ensure that clients can benefit from their corporate wellness programs and holistic retreats, in a serene environment with top-notch aesthetics and design that create a sense of tranquility and peace in your mind and body.

The Oasis

The vision is simple: to create an oasis in Boston which will serve as a destination for healing, wellness and internal peace.

High Voltage Wellness and MedSpa utilizes the unique blend of space was designed to create a place that caters for the complete health of the individual and also serves as a beacon of hope for the community.

We are committed to helping you prepare for every level of your life, and this has informed our decision to provide services that cater for your physical, mental, spiritual and psychological needs.

In addition, by working with shelters, detox centers and schools, we have positioned ourselves as a haven that will help with integrating people back into the society after traumatizing events.
Our Mission

To create a haven that caters to the holistic health of our clients, with emphasis on providing experiences that liberate the mind and soul and enhances the physical, mental and spiritual wellbeing of our clients, while providing growth opportunities for our practitioners.

Core Values

Respect and honor:
We respect our clients, their privacy and individual needs. We believe in mutual respect and this is the hallmark of our service delivery.

Team Work:
We believe that the results obtained from our systems are as a result of the work of committed practitioners and clients who are determined to find their inner peace. We value this commitment and will never compromise on it.

Integrity and service:
This is our watch word and we will always place a premium on client satisfaction while offering excellent, bespoke and distinctive services.

“Welcome to High Voltage Wellness and MedSpa: Where science and nature meets. We can’t wait to meet you.”
Cosmetic Injectables

We provide a safe and professional service for clients who undergo injectables. All treatments are strictly performed by highly trained RN's and NP's in our clinics.

Wrinkle Reduction Injections

Botulinum Toxin is injected into the face in minute quantities to relax muscles and improve the look of lines on the face - around the mouth, around the eyes (crow’s feet), between the nose, lips, forehead and frown lines for a naturally beautiful look.

Dermal Fillers

Used to remove facial lines and wrinkles by replacing the volume and fullness that's lost over time. They can reshape, plump and treat corners of the lips and lines around the mouth as well as fill in any deep wrinkles on the face.

Nose, Cheek & Chin Reshaping

Now it is possible to avoid going under the knife with a non-surgical option for nose, cheek and chin reshaping. These procedures can be easily performed with dermal fillers, a much less painful and safer method with a quicker recovery and minimal downtime whilst providing outstanding results.

Hand Rejuvenation

As we age the plumpness in the skin disappears, making hands appear more dehydrated and revealing prominent veins, tendons and knuckles. A volumizing dermal filler can restore volume in the skin to give a softer and younger look.
The Latest Rejuvenation Treatment

A Vampire Facial uses PRP (Platelet-rich Plasma Therapy), an amazing new technology, to rejuvenate your face. This treatment lets you: Take your own blood Extract powerful platelets and Infuse them back into your skin So your skin can rejuvenate itself and build collagen! This is a new treatment that many Hollywood stars are now using.

Try our Vampire Facials treatments to minimize wrinkles, hair restoration, breast and learn more about the “O” Shot!

Here's How Vampire Facials Work:

High Voltage Wellness and Med Spa's trained staff draws blood (an amount similar to what is required for a basic lab test). We place the blood into a special centrifuge and spins the blood at a very rapid rate to separate the platelets from the other components of the blood. The platelets are activated by using one of two methods that are natural to your body. This activation of platelets is the final step in producing your very own platelet-rich plasma. The best way to visualize PRP is to remember the yellow “goo” that surrounded the scab you had when you fell on your knee as a child. The thickening of the serum to form that yellow material holds specific growth factors in place that call stem cells to the area and activates them to create new skin.
DO YOU SUFFER FROM…
- Urinary accidents when you jump, laugh or cough
- Urinary leaks when you wait too long
- Low sexual desire
- Difficulty being aroused
- Trouble reaching orgasm
- Painful intercourse
- Vaginal dryness

BENEFITS OF THE O SHOT
- Non-surgical
- Drug free.
- Improvement with urinary incontinence.
- Enjoy sexual relations on the day of the procedure.
- Increased sensitivity.
- Increased desire.
- Tighter vaginal skin.
- Fast and relatively painless.
- Better sexual health.

How Does The Procedure Work?
The O Shot procedure is a quick usually painless, 20 minute, non-surgical procedure. The O Shot procedure begins with a simple blood draw. Then, using a proprietary technique, platelet rich plasma is extracted from the blood and injected into the numbed area near the clitoris and upper vagina. There is no recovery time.
Medical Grade Peels provide an alternative to lasers where a chemical is applied to the face to remove the outer layer of skin to encourage the natural replenishing of healthy cells.

A treatment plan will include a bespoke peel to target your skin concerns, including: sun damage, rosacea, fine lines and wrinkles, pigmentation, clogged pores, acne and scarring.

Our medical grade peels provide advanced exfoliation thanks to the highest concentration of free acid for optimal skin renewal and stimulation of the natural production of collagen and elastin for firmer skin. The difference between our medical grade peels and our aesthetician led peels is the strength of the AHA’s (the exfoliating agents).

Each peel has a different potency, ranging from Gentle through to Moderate, all the way up to Strong and is either 45 minutes or an hour long in duration.

The different strength and time you require will depend on the skin concern you have and a bespoke treatment plan will be recommended during your consultation. For maximum results we recommend a course of 4-6 depending on your skin.
Facial Bar

Brilliance Facial  Perfect pre-occasion treatment. Moisturizing levels are clinically proven to increase by up to 61% and elasticity by up to 40% after just 1 treatment. Specialized micro-circulatory massage, combined with a 2-phase amino active mask, helps smooth, firm, plump and restore radiance.  Duration: 60 Minutes

Resurfacing Facial Clinically proven to resurface by up to 75% and increase skin smoothness by up to 32% after just 1 treatment. Pioneering precision layering of Tri-Enzyme serums, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing younger-looking skin. Duration: 60 Minutes

Pro-Collagen Quartz Lift Facial Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just 1 treatment. Specialized lifting massage, combined with proven marine extract, helps re-energize cell communication and rejuvenate skin.  Duration: 60 Minutes

Deluxe 24 Karat Facial Re-awaken the skins youthfulness and capture its vitality with this truly radiant treatment. Indulge in the benefits of gold with our signature 24 Karat Gold Facial, a luxury that was once only enjoyed by royalty. Duration: 60 Minutes

Skin Booster Facial Perfect for a lunch-time or early evening 'quick fix', these facials are uniquely designed for maximum results in minimum time. Duration: 30 Minutes

White Brightening Facial This highly effective white brightening facial visibly illuminates the complexion to leave it naturally more even and translucently clear. Precision, feather-light movements delicately layer proven brightening actives on the skin to encourage the washing-out of melanin and the visible dullness that develops over time. This targeted treatment responds to individual skin needs helping to reduce age spots, discoloration, and dull skin tone and texture on the face, neck, décolleté, arms and hands. Leaves the complexion illuminated, more even and beautifully white bright. Duration: 60 minutes

Skin-Resurfacing Facial Revolutionary resurfacing facial to even skin tone, reduce blemish marks and smooth fine lines. Duration: 60 Minutes

Blemish Control Facial Deep cleansing, light therapy facial to visibly clear and re-balance oily, blemish prone skin. Duration: 60 Minutes

Full Charge Facial for Men High performance facial for men to de-grease, de-age and calm a stressed dehydrated skin. Duration: 60 Minutes
Vitamin B complex, the eight B vitamins — B1, B2, B3, B5, B6, B7, B9, B12 — play an important role in keeping our bodies running like well-oiled machines. These essential nutrients help convert our food into fuel, allowing us to stay energized throughout the day. While many of the following vitamins work in tandem, each has its own specific benefits — from promoting healthy skin and hair to preventing memory loss or migraines. Immune Boost Hydration/Hangover Meyer’s Cocktail HV Glow Metabolism Boost This treatment assists with: Sickness – colds and flu Tiredness, loss of energy Hangover Food poisoning Hydration Respiratory system – asthma, bronchitis, heavy smoking.

*Customized IV drips available by request for an additional fee.

*Discounted packages available. *72 hour Advance booking on certain I.V. Drips. Service Prepaid at time of booking.

Vitamin B12 (cobalamin) is an essential water-soluble vitamin that the body uses to maintain healthy nerve cells, produce RNA, DNA and red blood cells and help iron to function properly. B12 also works with folate to produce the amino acid same which controls mood and supports immune function. B12 injections have many benefits and are often prescribed for deficiencies that cause fatigue, depression, alcohol hangovers and migraines. The benefits of B12 & B-Complex can be maintained by one monthly injection.

MIC B12 is a combination of Vitamin B12 and M.I.C. used to facilitate weight loss and boost energy. This injection is right for you if you are looking to lose weight as it aids in the natural breakdown of fat in your body. It is suggested to receive this injection weekly/ biweekly/ or monthly. is essential for... Cell function The formation of red blood cells Promoting a healthy nervous system Normal brain function deficiency can result in... Anemia Fatigue Weakness Loss of balance Poor memory Depression Mood swings Numbness & tingling of hands/ feet Best and Easy 15 minutes of your day! *Discounted packages available.

DISCLAIMER: The above information is not intended to treat, cure, or prevent disease. Please always consult the advice of your healthcare provider before treatment. All vitamins and supplements are not required for regulation by the Food and Drug Administration.
Lash Boutique

Extending and enhancing your lashes has never been so simple. Get the A-list look with a full glamorous set or simply boost your own lashes so they look naturally beautiful.

Express Individual Lashes

Our express individual lashes offer an extensive choice of different styles that last up to 2 weeks. Choose a natural look or opt for a more intense and glamorous one.

Express Cluster Lashes

The cluster lash application creates a fuller look, softer touch and lighter lid that lasts up to a week. These are achieved by weaving and adhering individual lashes in clusters to the client’s natural lashes.

Strip Lashes

Our strips last for the day or night and can be reapplied several times after.

Nouveau Lashes

Superb quality, semi-permanent extensions for darker, longer and thicker lashes. Soft, comfortable and virtually weightless they look just like natural lashes. Fills are recommended every 2-3 weeks.

LVL

Length, Volume & Lift LVL is one of the quickest ways to brighten your face, giving a stunning wide eye look to your natural lash. LVL will add length, volume and lift to your lashes without extensions or adhesive. Lasts up to six weeks.
Nutrition & Wellness

Appetite Appeaser Solution  A natural formulation developed to balance blood sugar levels in the body, helping to appease the appetite and increase energy levels. Helps to reduce nervous tension, eliminate hunger pains and support the body’s cleansing system. Promotes the metabolism of dangerous fat deposits that adhere to the heart and other vital organs. The Appetite Appeaser can be used alone or as a valuable aid to weight loss and cellulite removal. Helps the Body To: Produce “fat burning” enzymes Reduce hunger pangs Reduce nervous tension Appease the appetite naturally Calm the nervous system naturally Increase energy levels naturally Eliminate gas & mucus from the system Support the body’s cleansing system Purify the blood stream Breakdown and oxidize fat

HCG Injections- HCG (Human Chorionic Gonadotropin) An extreme diet that involves injections of HCG (human chorionic gonadotropin). HCG is the hormone women make when they are pregnant. It is used as a means of weight loss for both men and women. The medication is prescribed by your provider and injected once daily. HCG reduces appetite, stimulates fat metabolism, and preserves muscle allowing for safe and rapid weight loss. The program includes daily injections with a low calorie diet and can last 4, 8 or 12 week periods. A full medical is done initially to ensure that this diet will work for you. Over the diet period we will have weekly visits to discuss goals food prep and planning, to track progress and discuss maintenance of weight loss.

Appetite Control Programs At the beginning of this program you will be asked to do a full medical including a body composition analysis, physical examination, and lab work to ensure you are physically and mentally ready for this program. We will discuss your goals and potential problems and how we will be able to succeed. The program will be designed with daily meal plans to include nutrients needed and the quantity and the medical management of appetite suppressant such as Phentermine which is FDA- approved. The weekly visits will be used to track progress by doing a weigh in which will indicate your body composition and give us the chance to discuss diet and make necessary changes to diet or medication as needed.
**Nutrition & Wellness continued...**

**QUICK START 7-DAY CLEANSE** This 7-day body cleansing system allows you to achieve the same results as our traditional detoxification kit, but with simplified daily packets. Like the original, this new-and-improved system is formulated to help you rid your body of the toxins that contribute to weight gain and poor health. For convenience, the kit contains easy-to-use herbal supplements and stick-pack beverages that make it easy for you to keep up with a busy lifestyle. When you are done with this 7-day cleanse, you'll have more energy, a slimmer figure, a clearer complexion, and the confidence you need to move forward and continue making positive changes in your life! 

Benefits:
- Reduces cravings for junk food
- Improves digestive health
- Boosts energy and vitality
- Smooths and clarifies the skin
- Enhances mental clarity

**WEIGHT LOSS STARTER** This kit was formulated to help you achieve your health and wellness goals while losing weight at the same time. Each weight loss packet contains everything you need to naturally and effectively shed excess pounds and transition into better health! As an added benefit, these supplements will also increase your energy levels without affecting your metabolism or stressing the adrenal glands. For best results, this kit should be used in conjunction with a nutritional program and exercise routine. Each Kit Contains:
- Extra Strength Tonalin CLA
- Appetite Appeaser and Suppressant
- Green Coffee Bean Extract
- Raspberry Ketones
- 7 Keto DHEA

Benefits:
- Boosts energy/metabolism
- Eliminates toxins that hinder weight loss
- Appeases the appetite naturally
- Breaks up fat within cells
- Improves lean muscle
- Increases fat-burning hormones
- Converts food to energy
- Eliminates belly fat
Wellness Programs

20-Day Rejuvenation Weight Loss Program

30-Day Clear Skin Program

5-Week Candida Weight Loss Program

5-Week Diabetes Program

8-Week Fibromyalgia Program

12-Week Neuropathy Program

12-Week Candida Weight Loss Program

Ultimate 12-Week Weight Loss Program
Nourish Wrap Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce Monoi, which is poured all over your body and then cocooned in a nourishing foil wrap. Skin is drenched with moisture for immediate softness, suppleness and radiance.

Exotic Lime and Ginger Salt Glow Feel your senses lifted and your body invigorated by the sublime Exotic Lime and Ginger Salt Glow infused with skin enriching Japanese Camellia Oil Blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed, leaving it silky-smooth and glowing.

Ocean Therapy Wrap Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying Juniper and Lemon. Enjoy a facial massage and destress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

Mud Wrap This purifying treatment combines the essence of ancient with the highest quality clay to create a supremely relaxing and hydrating experience. An invigorating dry brushing precedes a cocooning wrap, and warm Argan oil is generously lathered upon the skin and hair, restoring softness, luster and shine.

Golden Veil Body Wrap Enjoy glamour and sophistication while revitalizing the skin in this body therapy based on marine gold. This nourishing wrap offers a full body exfoliation, followed with an exquisite emulsion of golden nectar leaving your skin with a radiant glow. An express facial

HVW Body Scrub Feel your senses lifted and your body invigorated by the sublime Salt Glow infused with skin enriching Japanese Camellia Oil Blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed, leaving it silky-smooth and glowing.

Rose Restore Wrap The unique trio of Rose, camellia and Poppy seed oils maintain and restore elasticity, while encouraging skin renewal.

Hot Mineral Body Boost This unique treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. A revolutionary, mineral-charged experience of skin conditioning, metabolic balancing and energizing wellness.

Thousand Flower Detox Wrap Enriched by Somerset soil packed with tree, flower and grass rich nutrients, this treatment provides super skin health and powerful detoxification, helping to stimulate the elimination process and restore equilibrium.
All Levels: This class is the next step in exploring and developing your yoga practice. It will help you confidently build strength, focus, and proper alignment of yoga poses and practices. This class recommends you have some experience in practicing yoga postures. We will develop strength, flexibility, alignment and coordinate breath along with movement in this empowering class. More challenging postures will be introduced to increase stamina and concentration. Previous experience of beginning yoga recommended.

Gentle Yoga & Mindfulness: No previous yoga experience needed. Our gentle yoga & Mindfulness is a great place to begin yoga and learn how to let go of the stress and tension that creates pain and irritation in the body and mind and increase your flexibility and focus. Combines Gentle Supported postures with Mindfulness Meditation and a deeply relaxing shavasana. Modifications to meet your needs. Everyone welcome.
Reggae Yoga SOUND SALUTATIONS Yoga and reggae are two of the utmost conscious practices-put them together and you've got a powerful force. Reggae yoga is designed to be uplifting and positive. During reggae yoga participants are encouraged to break the "rules" of yoga, including the traditional rule of silence. Using music and movement to bring you into a state of blissful happiness.

Restorative/Yin Yoga: In restorative/yin yoga, props are used to support the body so that you can hold poses for longer, allowing you to open your body through passive stretching. The postures are usually adapted from supine or seated yoga poses with the addition of blocks, bolsters, and blankets to eliminate unnecessary straining. This is a great practice to slow down and nurture your well-being if you are recovering from an injury or chronic condition. You will be amazed at the benefits of this restorative yin yoga class from a therapeutic approach. No previous experience needed.
CARDIO BARRE  Beginning Yoga: A basic and foundational practice focusing on posture, breath, alignment and beginning flow. A safe and supportive environment for beginners and experienced students. This class meets you where you are whether just beginning yoga or working with an injury, modifications and alignments are taught in an inspiring and encouraging way leading you to a wonderful experience of yoga. No previous experience needed.

Yoga for Kids, Tweens: (ages 6 - 10) and tweens (ages 10-14) In our classes, we share the transformational benefits of yoga with children giving them tools to manage their physical and emotional responses to life. Our program encourages students to reach for the wisdom within themselves and enables them to connect with their bodies and feel empowered and confident.

Meditation: Meditation can be done on a cushion or seated on yoga blankets. Calm your mind, settle your body and find a softer focus to your day. Beginners to practicing meditators will benefit from this class. This class consists of a beginning breath work and energetic field cleansing then progressing into guided mindfulness meditation, short break with discussion on bringing meditation into our daily lives and a second seated guided meditation from many traditions which may include: Mantra meditation, guided imagery, mindfulness etc...
Do you have a special day coming up? If so, High Voltage Wellness will use their ingenuity to help you plan a wonderful skin care and wellness event!

Come and join us with a glass of bubbly and tasty delights. If it is clear radiant skin you seek… Men and Women come one come all join High Voltage Wellness and have a ball…Botox parties, facial parties, any type of skin care parties, Birthdays, bridal showers, holiday parties…the possibilities are endless!

High Voltage Wellness has partnered with HV Group ‘a boutique culinary service’ to help you plan your very special event. Enjoy their savory treats and delectable sweets while getting healthy radiant skin!

Call us for inquiries
Arrival Guidelines Please arrive 15 minutes prior to the start of your appointment to allow yourself time to fill out consent forms and transition your mind into total serenity.

What to Wear Robes and slippers are provided for your convenience.

Professional draping is performed throughout your treatment.

Medical Concerns and Comfort Level Guests who are pregnant, have had recent surgery or have any other medical concerns are advised to consult their physician before booking services.

Cell Phones, Electronic Devices and Cameras We strive to provide our guests with a tranquil and private escape from the outside world.

Please help us by turning off cell phones, personal electronic devices, and cameras upon entering our Oasis.

Cancellations As a courtesy to all, we ask that a 24-hour notice be given if you need to cancel or change your appointment.

For a cancellation with less than a 24-hour notification, guests will be charged 50 percent of the treatment fee. For no-show appointments, the full treatment fee will be charged.

Spa Etiquette
Where you feel the Energy!