

How to Make Something Out of Nothing

(Tuning into the Abundant Flow)

One of my favorite prosperity sayings originated from one of my favorite stories. The saying is “*the answer to prosperity, is creativity.*” Essentially, if one thing doesn’t work to reach your desired result, try something else. Keep trying until you find the thing that works to bring the desired result.

The favorite story is an old Yiddish folktale often told to children, ***Joseph Had a Little Overcoat by Simms Taback***. The story begins telling the reader that Joseph had an overcoat that he loved. When the overcoat became old and worn rather than throw it away he made a jacket out of it. Then the jacket became worn, and rather than throw it away he turned it into a vest. Then he turned the vest into a scarf. He turned the scarf into a necktie. The necktie into a handkerchief. Finally when the handkerchief became too worn he made a button out of it. One day he lost the button and nothing remained from the beloved overcoat. So Joseph wrote a story and made a book about it. ***The moral is you can always make something out of nothing.***

This children story illustrates so simply how we are all innately creative, and how we can keep our dreams alive. When desire expresses itself through creativity this is how we tune in to the abundant flow. To create anything tangible an exchange of energies must occur. The exchange can be an idea, a service, or money. When we are in the process of “looking for a way” to achieve our end we activate reception in our own universe. We tune in to the abundant flow that is available 24/7.

The following steps can you help tune into and stay in the abundant flow:

1. **Ready your personal universe.** Clear out the old. Old clothes, old thoughts, old pictures of past lovers, things that don’t fit in your life anymore. Allow the present version of your evolved self to call in and draw to you what is now appropriate for you. You align with abundance when you honor the present and release the past.
2. **Become inspired.** Joseph was inspired to keep his beloved coat in some form. We all need a project, a purpose or an idea that gives us reason to engage with life authentically. This causes our creativity to flow. If you don’t have something that motivates or inspires you to act. Find something. In that discovery is your pathway to abundance in any form you desire.
3. **Take Action.** Move energy around. There’s a phrase that says you should visit some place you’ve never been every year of your life. Do something different with your actions. Get out of the comfort zone. Do something new with your creative energy. In that you create a direct link to receive abundant vibrations into your life.
4. **Appreciate.** Practice feeling gratitude for what you have. Stop any focus on what you don’t have. A daily recognition of life’s gifts deepens our connection to Divine Mother. Even challenging moments are meant for our good. Appreciate all experiences as divine food. This inherent trust of life produces fertile soil for anything that matters to us to sustain and grow.

5. **Enjoy Enough.** Our consumer culture is obsessed with having more, being somewhere we aren't, or getting something we don't have. Step out of the race to nowhere and repeat often **I AM ENOUGH, THERE IS ENOUGH, I HAVE ENOUGH.** When we have enough striving ends. We become powerful receivers to abundance in all forms. When we are in a state of "want" we send a signal to life that there is not enough. We create and recreate "not enough" in our lives.

It takes intention and presence of mind to learn how to interact with life in a clean manner. Too often we forget that the work of life is mostly internal. When our inner life is balanced and clear, the outer world lands at our feet. It's a beautiful thing to life free from fear, scarcity and forced energy. It takes practice when the world at large wants to tell us that everything we need exists outside of us.

Abundance is not something to get or achieve, it is something we tune into. The sooner that concept is embraced, the sooner life becomes easier, more calm, more rewarding and more authentic.

For a deeper dive into the topic visit my website and email me. I will send you a FREE PDF copy of my best-selling book, *The Energy of Abundance*.

Known as the *Common Sense Psychic*, Phyllis King has worked with tens of thousands of people in 25 countries. She is known for her practical and down to earth approach. She has been featured on, ABC, CBS and NBC TV, radio programs across the country, and has been published in over 80 print and online publications. She has four books, including *Bouncing Back*, *Thriving in Changing Times*, with Dr. Wayne Dyer. Her latest book *The Energy of Abundance* is available in bookstores now. Phyllis holds a B.A. in Sociology. **www.phyllisking.com**