

FJORD

FISH MARKET



Oven Roasted Salmon

Ingredients

- ½ lb. of salmon fillet
- Pinch of salt and pepper
- Sauce Verte (can be found in our Fjord cases)
- Olive Oil

Instructions

Preheat oven to 350 degrees.

Coat the salmon with olive oil and season with salt and pepper.

Cook fillet in pan with flesh side down for 4-5 minutes. Place in oven for 8 minutes.

Serve with sauce verte.