

INCISION CARE

FACTS ABOUT A WOUND

- A WOUND IS USUALLY WATER PROOF IN 24 HOURS
- THE GLUE WE PLACE IN THE WOUND ACTS AS A DRESSING AND WILL PEEL OFF IN 1-2 WEEKS. IF GLUE IS PRESENT, A DRESSING IS NOT NECESSARY
- REDNESS IN A WOUND LESS THAN A WEEK AFTER SURGERY IS NOT LIKELY AN INFECTION, BUT NOTIFY THE DOCTOR SINCE IT MAY BE A REACTION.
- PEROXIDE IS DAMAGING TO A WOULD
- AN INCISION CAN BE WASHED WITH REGULAR WATER AND SOAP

HOW TO CARE FOR A CLOSED INCISION

1. WASH DAILY WITH WATER AND SOAP AS YOU WOULD NORMA SKIN
2. DO NOT USE PEROXIDE AT ALL
3. DO NOT APPLY CREAMS THE FIRST WEEK UNLESS TOLD OTHERWISE BY THE DOCTOR
4. IF REDNESS IS NOTED, LET YOUR DOCTOR KNOW
5. IF DRAINAGE IS NOTED, LET THE DOCTOR KNOW
6. EXPECT SOME NUMBNESS IN THE AREA
7. SOME SWELLING AND BRUISING IS EXPECTED. IF IT SEEMS TO BE EXPANDING OR GETTING WORSE NOTIFY YOUR DOCTOR
8. AVOID SWIMMING IN OCEAN, LAKES OR RIVERS FOR A WEEK.