

HOW WE HELP

on and **away** from the workplace



JOIN A MEETING

Breaking Ground

wellbeingworkscorp.com/bg

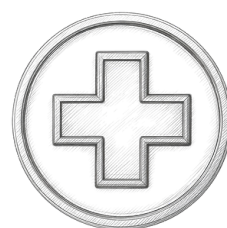
REACH OUT

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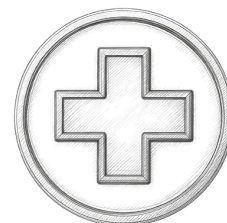
CFC CARE FOR CONSTRUCTION

a program of **WellbeingWorks**



24/7/365 CFC Support

confidential coaching, counsel, resources, and referrals available to all employees and their family members
in-person and remote



Breaking Ground

a safe meeting space for people in construction
peer-driven, CFC facilitated, discussion oriented
in-person and remote



Sober Coaching

pressure-free, confidential sober coaching from people who've been where you're at
in-person and remote



Postvention Response

reducing trauma injury and supporting resilience through the international gold standard of aid
in-person



Trainings and Workshops

practical, tactical, tailored to your workforce
15 min to 1 hr in length
in-person