East Coast Gourmet

Meatballs & Marinara

Whether served over pasta or in a sub, our meatballs can't be beat.

Item #	UPC	Case	Pallet
5030	88063205030 3	4 × 6 lbs Net Weight: 24 lbs Gross Weight: 25 lbs Case Dimensions: 13" x 10 3/4" x 8 5/8" Case Cube: .70	12 per tier/ 4 tiers high 48 cases per pallet Pallet weight (gross): 1200 lbs.

INGREDIENTS: MEATBALL (beef, water, textured soy protein concentrate [soy protein concentrate, caramel color], eggs, contains less than 2% of the following: romano cheese [pasteurized sheep's and/or cow's milk, rennet, salt, cheese cultures, enzymes], dehydrated onion, white pepper, garlic powder, parsley, spices, flavorings, corn syrup solids, bread crumbs [wheat flour, salt, yeast], soy protein concentrate, textured soy flour, salt, sodium phosphate), TOMATO (tomato, tomato puree, salt, citric acid), WATER, TOMATO PASTE (tomato paste, salt, citric acid), ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes), CANOLA/OLIVE OIL BLEND, ONION, GARLIC, BASIL, SUGAR, SPICES, SEA SALT.

CONTAINS: Soy, Egg, Wheat, Milk.

COOKING INSTRUCTIONS: Heat product until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen.

SHELF LIFE: 18 months from manufacture date, frozen. Use or freeze by expiration date, printed on case.

Nutrition Facts

Serving Size 100 g

Amount Per Serving	
Calories 180	Calories from Fat 110
	% **Daily Value***
Total Fat 13g	**20** %
Saturated Fat 5g	**26** %
Trans Fat 0.5g	
Cholesterol 30mg	**9** %
Sodium 490mg	**20** %
Total Carbohydrate 7g	**2** %
Dietary Fiber 2g	**8** %
Sugars 3g	
Protein 9g	
Vitamin A 4% •	Vitamin C 8%
Calcium 4% •	Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet.

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