



East Coast Gourmet  
**Creamed Spinach**

*Our rich, delicious take on this classic side dish.*



Item #	UPC	Case	Pallet
7022	88063207022 6	4 x 6 lbs Net Weight: 24 lbs Gross Weight: 25.59 lbs Case Dimensions: 13" x 10 3/4" x 8 5/8" Case Cube: .70	12 per tier/ 4 tiers high 50 cases per pallet Pallet weight (gross): 1279.5 lbs.

**INGREDIENTS:** SPINACH, WATER, HALF & HALF (cream, milk), BUTTER (cream, salt), ONION, PARMESAN CHEESE (cow's milk, cheese culture, salt, enzymes), GARLIC, FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), CORN STARCH, SEA SALT, BLACK PEPPER, CELERY SALT, XANTHAN GUM, NUTMEG. **CONTAINS:** Milk and Wheat.

**COOKING INSTRUCTIONS:** Heat product until it reaches a uniform 165°F. Hold product at 145°F or above.

**HANDLING:** Keep frozen.

**SHELF LIFE:** 18 months from manufacture date, frozen. Use or freeze by expiration date, printed on case.

NUTRITIONAL:		Per 100 g			
Calories	106	Cholesterol	18mg	Protein	5g
Calories from fat	62	Sodium	442mg	Water	80.35g
Total Fat	7g	Total Carbohydrates	7g	Ash	2.06g
Saturated Fat	5g	Dietary Fiber	2g		
Trans Fat	0g	Sugar	2g		
Vitamin A	80% of d.v.	Vitamin C	22% of d.v.		
Calcium	18% of d.v.	Iron	7% of d.v.		



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