

# LIFE SKILLS CLASS

( facilitated in Chinese )

- > Team Building
- > Social Skills
- > Personal Safety
- > Coping Skills
- > Managing Emotions
- > Occupation Exploration

Age: 8-12 Years Old

Price: Free

Date: 4/12/2019 - 5/31/2019

Time: Every Friday 4pm - 6pm

Location: 320 S Garfield Ave., Ste 202  
Alhambra, CA 91801

Call to Register: 626-598-3883



華埠服務中心  
Chinatown Service Center  
Behavioral Health Division

*8 weeks of fun activities  
Call and Register now!*

# 生活小技巧課程

(中文教程)

- > 團體合作
- > 社會技巧
- > 安全意識
- > 舒解壓力
- > 情緒管理
- > 職業探索

適合年齡：8~12歲

學費：免費

課程日期：4/12/2019~5/31/2019

地點：320 S Garfield Ave., Ste 202  
Alhambra CA 91801

時間：每個星期五 4:00pm~6:00pm

報名電話：626-598-3883

*8個星期的趣味活動  
快來報名參加喔！*



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Chinatown Service Center  
心理輔導部