



FOR THE LOVE OF SKIN

Post Operative Care Laser Fungal Removal

1. To help prevent re-infection:

- Wear clean shoes/socks home from treatment
- Wash sheets, disinfect shower/bath and vacuum carpets day of treatment
- Apply anti-fungal cream 2X per day for approximately 2 weeks to 3+ months depending on the severity of the infection
- Apply anti-fungal powder to all shoes at least 1x per week for at least 1+ month
- Keep nails trimmed and cleaned (disinfecting instruments after each use)
- Do not walk barefoot in public places (pool, gym, etc.)

2. Nail polish may be applied 24 hours after treatment

3. Number of treatments will depend on severity of the Onychomycosis/Toenail fungus
- The average time interval between treatments is 4-6 weeks

4. Due to slow nail growth, results may not be noticeable for 3+ months
- Toenails may take 9-12+ months and fingernails may take 6-9+ months to grow out

5. Severely infected nails may take longer

6. If a blister develops, treat as a wound

7. Cold gel packs or cool compresses may be applied post-treatment on hot spots