



## Options: Dilation or Optomap?

Today for your exam you have a choice on how the doctor examines the inside of your eye, the retina. We can either dilate your eyes or do the Optomap Exam.

1. **Dilating** the eyes is the 'tried and true' method to see the back of the eye. The eye exam proceeds through the refraction (determination of new prescription), then eye drops are instilled. You then wait 15-30 minutes for them to take effect. You will most likely experience glare, light sensitivity and blurred vision. Most of these side effects go away in 4-6 hours.

2. Dr. Breazeal recommends the **Optomap** exam which is a high resolution, ultra-wide field, digital image that is easily taken of your eyes. It is the easiest, quickest, and most convenient way to ensure that your retina is healthy. This digital record is viewed together with you and is stored for future comparison. Most patients will not need to be dilated if the Optomap is normal but some patients with retinal disease will still need to be dilated. The fee for this service is \$30.

Please indicate your preference:

Yes, **I prefer the Optomap Exam**. I understand the fee is \$30 and is not covered by most insurances.

Yes, **I prefer pupil dilation** and understand there is no fee that I will be charged for it. I understand I most likely will have light sensitivity, a longer exam time, and some blurred vision for 4-6 hours.

No, **I prefer neither** and understand that I will not receive a comprehensive eye exam if I deny both tests.

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Patient Signature

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Date