



**B A S E B A L L**

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## **2015 PLAYER & PARENT CONTRACT**

Player: \_\_\_\_\_

By filling out this contract, you are accepting an invitation to participate in the 3D Baseball Program. The following pages will cover: conduct requirements for parent and player, academic requirements, a waiver release form and financial commitments associated with participation. Please read carefully along with your athlete to become fully informed on the expectation involved with being apart of this program. This will also allow an opportunity to open up the communication lines between you and your child about different experiences you have had in athletics while reviewing the Standard of Performance.

### **Financial Requirement**

Upon completion of this contract a \$300 non-refundable deposit is required. This financial commitment holds your spot on the team and goes toward your own player fees. Player fees will include league fees, baseballs, both indoor and outdoor practice facilities, USSSA team registration and USSSA insurance. If ever the fees become too much of a financial burden please let it be known and financial assistance should be available through sponsorship.

It is of high priority that most 3D Baseball fees be covered through fundraising and sponsorship so positive parent involvement is important. The total amount of money needed will be based on the number of tournaments intended to play, possible uniform/equipment cost, individual/team pictures etc.

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# BASEBALL

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## Standard of Performance

The Standard of Performance is an expectant way of conducting yourself both off and on the field. It represents a way of doing things that has more to do with leadership, core values, principles and ideals than it does with pitching, hitting or scoring runs to win a baseball game. Regardless of your specific role in this program it is vital that you do your job at the highest possible level in all areas, both physical and mental (good talent with a bad attitude = Bad talent!). If we win games that is just icing on the cake, the main objective in this program will always be the individual development of each athlete. We will challenge each other to grow mentally, emotionally, spiritually as well as physically. The priority will always be striving to improve in specific areas in an attempt to be the best we can be not striving to win a specific game or tournament. If we focus on these things, the wins will come.

The values and beliefs (as mentioned above) within this Standard are defined as follows and apply to Coaches, Parents and Players:

- Never let another out work you
  - Show the utmost respect for each person in and outside the program regardless of the role he or she has
  - Be committed to constantly learning and teaching. Be fair and always demonstrate character
  - Honor the connection between details and improvement
  - Show self control especially under pressure
  - Use positive language along with a positive attitude. Take pride in effort as an entity separate from the result of that effort
  - Deal appropriately with victory and defeat. (Adulation vs. Humiliation)
  - Communicate with each other. Put the teams welfare and priorities ahead of my own
  - Maintain a continuous level of focus and concentration that is above what you would normally give
  - Make a sacrifice and commitment to Discipline, Dedication and Destiny
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## Players

- Will have a consistently positive attitude towards any and all obstacles
- Never sit down or walk on the field
- Do not show up an opponent
- No fighting or improper language
- Treat all coaches, parents and others surrounding the program with respect and exhibit the character traits of a gentleman
- Strive for the appropriate appearance as your parents do in their jobs. Wear your clothes the way they were intended. Practice and games are your “job,” during work time your shirt is tucked in and your hat is forward
- Be responsible and accountable carrying yourself with integrity. Doing the right thing regardless of who is watching or with you
- Make a commitment to mental toughness as well as physical toughness

## Parents

- Be positive when addressing your child, let the coaches address the performance and be there for support regardless of external outcomes
  - Assist in helping hold players accountable to their goals for themselves not your goals for them
  - Be a fan! Let the athlete’s know how much you enjoyed watching them do their best
  - Cheer and support every player regardless of your personal feelings
  - Let the child bring the game to you. When the game is over, your role is Mom or Dad not Coach. If they want to talk about the game, they will.
  - Treat the players the same win or lose. This is vital in showing them that the score will take care of itself if we focus on improving
  - Leave the Umps to me! If it’s negative keep it to yourself. Exhibit the same behavior we ask of our children
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## Coaches

- Be open to listen and accessible to any and all players. Be relationship driven
  - 3Dimensional Coach- Able to teach the fundamentals (Physical), psychologically (Mental) and most importantly reach the heart of the athlete
  - Be positive, coach for the next play, develop attitudes of work ethic, self esteem and confidence
  - Help players establish goals- desire to achieve comes from knowing what you want
  - Hold players accountable to do things right, confront them when they don't
  - Be productive in work- prompt in getting things done, paying attention to detail and stay fresh as a teacher
  - Don't swear at or use abusive language with players. Keep hands off
  - Be organized, precise, specific in presentation and easy to understand. Make sure each player understands the objective and expectation you have for him. Make practice fun yet challenging
  - Coach with the end in mind, knowing that success isn't defined by wins and losses but by what the player becomes
  - Do not make negative statements about anyone in the program to outsiders. All situations stay in house
  - Be consistent, fair and honest
  - Make coaching mental and physical toughness priority
  - If you don't know it, don't teach it. Keep the kids safe at all cost
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### **Enforcement of Rules and Violations**

The guidelines placed in the Standard of Performance will be used to ensure that all the athletes are in the most efficient environment to succeed. If any Parent, Player or Coach violates these rules, the President of the program reserves the right to: 1) Warn the person of the violation and impending suspension if behavior is not corrected 2) Suspend the violator from attending a game/tournament 3) Terminate the contract for the remainder of the 2015 season.

Parents with questions, comments or concerns should never address the coach before, during or immediately following the game. If you have a serious issue to discuss, ask the coach when a good time to talk would be and the issue will be addressed at that time.

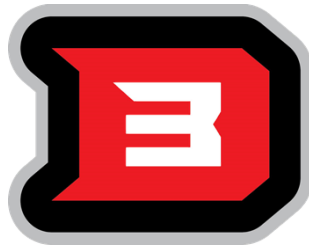
### **Playing Time and Positions**

Playing time is closely monitored, with the thought of putting each individual's development first. Playing time at specific positions may not be distributed evenly but will be fair and purposeful. A player will not predominately play a position just to help the team win if it hurts his overall development (I.E. He's likely to be a high school outfielder fielder but the team has no catcher so he plays catcher all season). It is extremely important that parents put a value on practice and training. Every player will be given the fundamentals and tools to understand every position on the field. If they don't play it on the weekend during a game, it doesn't mean they aren't getting work and improving at that position. Every parent is welcome to observe any practices if they don't believe their child is getting enough work at a desired position. The games on the weekend are just a fraction of the knowledge and skills that your child is obtaining. It is a HUGE priority to the 3D Baseball staff that each player has an understanding of how to play multiple positions and have versatility in all aspects of the game. Everything we do will have a purpose and will be well thought out.

### **Academics**

If any athlete is misbehaving in school or having trouble getting his work done, the coach in conjunction with the parent of the child reserves the right to suspend a player from practice, a predetermined amount of innings or possible games if necessary. School will always come before sports.

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## Waiver Agreement

I grant permission to the staff of the 3D Sports Performance to act on my behalf for my child in granting permission for evaluation/treatment of minor medical problems. I understand that should a major medical problem arise, an attempt will be made to notify me by telephone. In event I cannot be reached, I hereby give my consent to such medical treatment as deemed necessary by a licensed physician. In addition, I hereby release the 3D Sports Performance, its employees and agents from all claims on account of any injuries which may be sustained by my child while traveling to, participating in and returning from any event. I also agree to indemnify 3D Sports Performance, its employees and agents from any claim, which may hereafter be presented by my minor child as a result of illness, or accident while my child is at practice, a game or training.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**By signing this I am indicating that I have read this contract and understand what is expected of me as a member of the 3D Sports Performance family. I am agreeing to do my best to uphold the Standard of Performance both in and out of athletic competition. I also agree to cover all financial requirements asked of me in a timely matter.**

Player Signature

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Parent Signature

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Parent Signature

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**Thank you for choosing 3D Sports! It is an honor & privilege to assist your kids in reaching their potential in more than just sports.**

- Dominic Robinson