

Pediatric Associates of North Texas  
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Wt. \_\_\_\_\_ % Ht. \_\_\_\_\_ % Head \_\_\_\_\_ %

**TWO-MONTH VISIT**

Prevent falls; never leave baby alone on beds, couches, etc.

Do not drink hot liquids while holding the baby; no smoking in baby's environment.

If your baby has serious fall, call your doctor.

Do not start solids or add cereal to formula unless at least 4 months old.

Breast-feeding: Feed 8-12 times a day, growth spurt may occur around 2-1/2 months, and baby may need to be fed more frequently.

Bottle feeding: Never prop bottle.

Put baby in crib when drowsy, but before he/she is completely asleep.

Try to establish a regular naptime in the morning and afternoon.

Best stimulation for baby is playing with, talking to, and cuddling. Never leave small objects in baby's reach.

Watch for signs of illness: Fever, poor feeding, decreased activity, vomiting, diarrhea; Call office if temperature is > 101degrees F, if fewer than 6 wet diapers/day, or if you are concerned about your baby's symptoms/behavior.

**AT THIS VISIT YOUR CHILD MAY RECEIVE THE FOLLOWING IMMUNIZATIONS:**

DTaP                      Hib                      Polio                      Prevnar                      Hep B                      Rotarix

**NEXT WELL CHILD VISIT:**

At 4 months of age: 2<sup>nd</sup> DTaP, Hib, Polio, Rotarix, and Prevnar will be given.