

Carolyn D. Ashworth, M.D.

Wt. \_\_\_\_\_ % Ht. \_\_\_\_\_ % Head \_\_\_\_\_ %

**SIX-MONTH VISIT**

Post Poison Control Center number near your phone. (1-800-222-1222)

Child-proof your house:

- Household products and medicines locked up.
- Electrical outlets, cords, couplings protected.
- Plastic bags, balloons, small objects out of reach.
- Gates on stairs and guards on windows.
- Get down on baby's level and look for hazards.

Nighttime awakenings may occur due to separation anxiety; pat baby and reassure of your presence, but do not take him/her out of crib or feed.

Begin using a cup for water or juice.

Start finger foods—large crackers, bagels, etc.

Clean teeth after feedings by wiping well with a washcloth.

Start playing simple games like peek-a-boo, so-big, and hide-and-seek; read & sing to baby; encourage vocalizations.

Baby may start getting attached to security objects—blanket, stuffed animal.

**AT THIS VISIT YOUR CHILD MAY RECEIVE THE FOLLOWING IMMUNIZATIONS:**

DTaP                      Hib                      Polio                      Prevnar                      Hep B    Rotarix    Flu

**NEXT WELL CHILD VISIT:**

At 9 months of age: Hep B will be given and blood will be drawn to check for anemia and lead exposure.