



simplex  
HEALTH™

Simplex Health is  
medicine reimaged.

Simplex Health offers insurance-funded\* access to Registered Dietitians who work in partnership with your physician. Receive your custom health plan focused on your needs, whether that is general nutrition education or intensive medical nutrition therapy that treats the person, not the symptom. **Your new prescription is not needing one.**

Simplex Health patients have successfully reversed:

- Obesity
- Prediabetes & Type 2 Diabetes
- Digestive Disorders
- Autoimmune Conditions
- High Blood Pressure
- High Cholesterol
- Hormone Imbalances

Ask your doctor or call to schedule your insurance-funded appointment.



877.842.2425

[www.simplexhealth.com](http://www.simplexhealth.com)

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*\*Nutritional therapy is a covered benefit through most major insurance providers.*



# REACH YOUR HEALTH GOALS WITH SIMPLEX HEALTH

## Individualized Nutrition Protocols

- Simplex15
- Women's Health
- Autoimmune
- Insulin Optimization
- Digestive Rebalance
- Healthy Foundations



ZERO  
COST\*



HEALTH  
COACHING  
INCLUDED



MEDICALLY  
SUPERVISED



ROOT-CAUSE  
RESOLUTION



SIMPLE  
GLUCOSE  
MONITORING



EASY  
VIRTUAL  
APPOINTMENTS

**"My A1c vastly improved in these 6 months and I have lost 58 lbs."**

**—Daniel, 41**

**Simplex Health Patient**

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