



To All Greater St. Louis Construction Laborer's Welfare Fund Members and their Families

We have a new service that will benefit you and your family:

- Ever wonder if you potentially have an addiction?
- Not sure about the warning signs of addiction?
- Know a family member with an addiction and want to learn more about it?
- Need a safe place to talk that is confidential and anonymous?

If you thought about or said yes to any of the following questions, then Sober Grid can help you wherever you are in your journey.

Sober Grid is free, confidential and anonymous. It provides support for you and your family 24x7x365 and the service is very simple to use and offers all of the necessary tools to help you. The information shared with a Peer Coach is HIPAA compliant and is not shared with anyone.

To get started, call our confidential and anonymous toll-free number - (855) 540-1277

Sober Grid Support System includes: (No cost to you)

1. Peer Coaches - these are both males and females that are in long-term recovery and they have walked in your shoes and will help you through your journey.
2. 24x7x365 Lifeline - feel free to call anytime, anywhere the need arises that you would like to speak with a Peer Coach.
3. Sober Grid App (download) - it's the largest social network for sobriety in the world, offers a positive environment and helps maintain your sobriety.

