



Boston Chowda Co.

Shrimp & Sausage Gumbo

Our specially prepared Louisiana creole classic with shrimp, sausage, okra, celery and green peppers.



Item #	UPC	Case	Pallet
2036	73051692036	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

INGREDIENTS: VEGETABLE STOCK (water, salt, dextrose, maltodextrin, onion powder, carrot powder, autolyzed yeast extract, spice, natural flavoring, turmeric), SHRIMP (shrimp, water, sodium tripolyphosphate), TOMATO (tomatoes, tomato juice, salt, citric acid, calcium chloride), ANDOUILLE SAUSAGE (natural pork, water, sea salt, fresh garlic, seasoning [spices, onion, garlic, extractives of paprika and other spices]), CELERY, ONIONS, OKRA, PEPPERS, FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), CANOLA OIL, GARLIC, CAYENNE PEPPER SAUCE (cayenne red peppers, vinegar, salt, garlic), SPICES, GRANULATED GARLIC, CARAMEL COLOR, PAPRIKA.

CONTAINS: Shellfish, Wheat.

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serv Size 1 cup (241g)
Servings about 2

Amount Per Serving

Calories 200 **Fat Cal 45**

% Daily Value*

Total Fat 5g **8%**

Sat Fat 1g **6%**

Trans Fat 0g

Cholest 45mg **15%**

Sodium 760mg **32%**

Total Carb 29g **10%**

Fiber 2g **7%**

Sugars 3g

Protein 10g

Vitamin A 8% • Vitamin C 30%

Calcium 6% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.



PGI Foods

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