



Boston Chowda Co.

Carrot Ginger Soup

A delicious pairing of the sweet taste of carrots and the subtle heat of ginger. This soup is both vegan and gluten friendly



Item #	UPC	Case	Pallet
2106	880632021068	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

INGREDIENTS: WATER, CARROT, COCONUT MILK, CARROT JUICE, GINGER, ONION, TAMARI SAUCE (water, organic whole soybeans, salt, evaporated cane juice), RICE STARCH, LIME JUICE, SALT, BROWN SUGAR, CANOLA/OLIVE OIL, SPICES, NISIN.

CONTAINS: Coconut (Tree Nut), Soy.

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serving Size 1 cup (241g)

Amount Per Serving

Calories 140 Calories from Fat 70

% Daily Value*

Total Fat 8g **12%**

Saturated Fat 7g **33%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 610mg **26%**

Total Carbohydrate 14g **5%**

Dietary Fiber 3g **12%**

Sugars 7g

Protein 2g

Vitamin A 330% • Vitamin C 15%

Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.



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