



Boston Chowda Co.

Charleston She-Crab Soup

A regional favorite from the South Atlantic Coast, this cream based classic features blue crab meat blended with buttery roe and balanced with sweet sherry.



Item #	UPC	Case	Pallet
2057	73051602057 4	6 x 18 oz cups Net Weight: 6.75 lb Gross Weight: 7.25 lb Case Dimensions: 14.25" x 9.25" x 4.1875" Case Cube: .32	14 per tier / 10 tiers high 140 cases per pallet Pallet weight (gross): 1015 lbs

INGREDIENTS: HALF & HALF (milk, cream), CRAB STOCK (water, crab meat, salt, butter [cream, salt], modified food starch, autolyzed yeast extract, maltodextrin, dextrose, sugar, natural flavoring, onion powder, shrimp powder, codfish powder, guar gum, garlic powder), CRAB MEAT, CANOLA OIL, ONION, CELERY, CRAB ROE, SHERRY (wine, salt), CARROT, TOMATO PASTE (tomatoes, salt, citric acid), CORNSTARCH, WHEAT FLOUR, SPICES, WORCESTERSHIRE SAUCE (vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder).

CONTAINS: Milk, Shellfish, Fish, Wheat. This product contains wine which has naturally occurring sulfites.

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serving Size 1 cup (241g)

Amount Per Serving

Calories 330 **Calories from Fat** 210

% Daily Value*

Total Fat 24g **36%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 690mg **29%**

Total Carbohydrate 12g **4%**

Dietary Fiber 1g **3%**

Sugars 5g

Protein 12g

Vitamin A 15% • Vitamin C 6%

Calcium 20% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.



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