



Boston Chowda Co.

Shrimp & Corn Chowda

A bountiful blend of tender shrimp with a classic corn chowder makes a satisfying complement to any meal all year round!



Item #	UPC	Case	Pallet
2064	73051692064 5	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

INGREDIENTS: SHRIMP STOCK (water, shrimp, salt, natural flavoring, butter [cream, salt], autolyzed yeast extract, maltodextrin, dextrose, codfish powder, dehydrated potatoes, onion powder, sugar, garlic powder), CREAM CORN (corn, water, sugar, modified corn starch, salt), SHRIMP, LIGHT CREAM (milk, cream), CORN, POTATO, RED PEPPERS, BUTTER (cream, salt), ONION, CARROTS, FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), MODIFIED FOOD STARCH, SEASONING BLEND (sea salt, onion powder, maltodextrin, dextrose, yeast extract, carrot powder, spices, turmeric, salt, herbs, garlic, paprika, onion), SCALLION.

CONTAINS: Shellfish, Milk, Wheat, Fish

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts	
Serv Size 1 cup (241g)	
Servings about 2	
Amount Per Serving	
Calories 240	Fat Cal 90
% Daily Value*	
Total Fat 10g	16%
Sat Fat 6g	28%
Trans Fat 0g	
Cholest 80mg	27%
Sodium 870mg	36%
Total Carb 26g	9%
Fiber 2g	8%
Sugars 4g	
Protein 30g	
Vitamin A 25%	Vitamin C 15%
Calcium 6%	Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet.	



PGI Foods

101 Phoenix Ave., Lowell, MA 01852 / Tel: 978 970 3832 / Fax: 978 441 2528

www.pgifoods.com / email: sales@plenus-group.com