



Boston Chowda Co.

Charleston She-Crab Soup

A regional favorite from the South Atlantic Coast, this cream based classic features blue crab meat blended with buttery roe and balanced with sweet sherry.



Item #	UPC	Case	Pallet
2060	73051692060 7	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

INGREDIENTS: HALF & HALF (milk, cream), CRAB STOCK (water, crab meat, salt, butter [cream, salt], modified food starch, autolyzed yeast extract, maltodextrin, dextrose, sugar, natural flavoring, onion powder, shrimp powder, codfish powder, guar gum, garlic powder), CRAB MEAT, CANOLA OIL, ONION, CELERY, CRAB ROE, SHERRY (wine, salt), CARROT, TOMATO PASTE (tomatoes, salt, citric acid), CORNSTARCH, WHEAT FLOUR, SPICES, WORCESTERSHIRE SAUCE (vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder).

CONTAINS: CONTAINS: Milk, Shellfish, Fish, Wheat. This product contains wine which has naturally occurring sulfites.

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serv Size 1 cup (241g/8.6oz)
Servings about 2

Amount Per Serving

Calories 330 Fat Cal 220

% Daily Value*

Total Fat 25g 38%

Sat Fat 10g 51%

Trans Fat 0g

Cholest 105mg 35%

Sodium 690mg 29%

Total Carb 13g 4%

Fiber less than 1g 3%

Sugars 2g

Protein 43g

Vitamin A 25% • Vitamin C 6%

Calcium 15% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.



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