



Boston Chowda Co.

Black Bean Soup with Shredded Pork

This Cuban inspired soup is perfectly seasoned with a touch of spice. It is hearty enough to be a full meal.



Item #	UPC	Case	Pallet
2110	73051692110 9	2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31	14 per tier/ 8 tiers high 112 cases per pallet Pallet weight (gross): 1892.8 lb

INGREDIENTS: CHICKEN STOCK (water, roasted chicken meat, salt, chicken fat, dextrose, sugar, natural flavoring, chicken broth, turmeric), BLACK BEANS, ONION, CELERY, PORK (pork, seasoning [salt, garlic, tricalcium phosphate, oregano, black pepper, turmeric], sugar, onion, spices), BELL PEPPER, CANOLA OIL, OLIVE OIL, GARLIC, CAYENNE PEPPER SAUCE (pepper, vinegar, water, salt, garlic), CORNSTARCH, SALT, SPICES.

COOKING INSTRUCTIONS: Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serving Size 1 cup (260g)

Servings Per Container about 14

Amount Per Serving

Calories 180 **Calories from Fat** 35

% Daily Value *

Total Fat 4g **6%**

Saturated Fat 1g **4%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 740mg **31%**

Total Carbohydrate 28g **9%**

Dietary Fiber 6g **25%**

Sugars 5g

Protein 10g

Vitamin A 2% • Vitamin C 25%

Calcium 8% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:



PGI Foods

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