

# QUICK REFERENCE ALLERGY GUIDE

MENU ITEM	ALLERGY INFORMATION
<b>Nachos</b>	Corn, Dairy, Soy, Onion
<b>Queso</b>	Corn, Dairy, Soy, Onion
<b>Naked Wings</b>	Without Sauce: Garlic, Soy, Corn With Sauce: Varies According to Sauce
Breaded Wings	Without Sauce: Gluten, Corn, Soy, Egg, MSG With Sauce: Varies According to Sauce
Gator Bites	Egg, Soy, Garlic, MSG
<b>Hummus</b> (without pita)	Garlic, Corn, Soy
Spinach Dip	Onion, Garlic, Corn, Dairy, Soy, Gluten
Crab Cakes	Seafood, Corn, Gluten, Egg, Soy, Onion, Garlic
Calamari	Seafood, Corn, Soy, Egg, Onion, Garlic, Gluten, MSG
<b>Mango Scallops</b>	Seafood, Soy, Dairy, Onion, Garlic, Corn, Egg
<b>Mussels</b> (without bread)	Seafood, Dairy, Garlic, Soy, Onion, Garlic
Quesadilla	Gluten, Dairy, Soy, Garlic, Onion, Seafood
Firecracker Shrimp	Gluten, Seafood, Soy, Egg, Garlic, Onion, MSG, Corn
Cajun Dipping Shrimp	Onion, Garlic, Dairy, Seafood, Soy, Gluten
Scampi Dipping Shrimp	Gluten, Garlic, Dairy, Soy, Seafood, Gluten, Onion
<b>Oysters</b>	Seafood
<b>Peel and Eat Shrimp</b>	Seafood, Onion, Garlic
Gumbo	Seafood, Gluten, Dairy, Onion, Garlic, Soy, Corn
Beer Cheese Soup	Dairy, MSG, Corn, Gluten, Onions
Cheese Pizza	Gluten, Dairy, Soy, Onion, Garlic, Corn
Pepperoni Pizza	Gluten, Dairy, Soy, Onion, Garlic, Corn
Veggie Pie	Gluten, Dairy, Soy, Onion, Garlic, Corn
White Sands Pizza	Gluten, Dairy, Soy, Onion, Garlic, Corn, MSG
Big Kahuna Pizza	Gluten, Dairy, Soy, Onion, Garlic, Corn, MSG
Signature Burger	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Black and Blue Burger	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Tiki Burger	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Blue Sliders	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Sliders	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Bratwurst	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG

**Gluten Free**  
**Gluten Free and Vegan**

SMALL ADJUSTMENTS CAN ALWAYS BE MADE TO ACCOMMODATE OUR GUESTS, BUT ALWAYS BE AWARE OF YOUR GUESTS DIETARY REQUIREMENTS AND LIMITATIONS!

\*\*\*Anything in a fryer could potentially be cross contaminated by any and all allergens, individual sensitivity needs to be taken into consideration. Some of the products we use are processed at a location that also processes other items that contain allergens! Only major allergies are listed, always check if additional concerns are raised by our guests.



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## MENU ITEM

## ALLERGY INFORMATION

Jammin Jerk-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Pork Sandwich-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG
Grouper Sandwich-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG, Seafood
Fried Fish Tacos-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG, Corn, Seafood
Grill / Blackened Fish Tacos-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG, Corn, Seafood
Mahi Tacos-----	Gluten, Dairy, Onion, Garlic, Soy, Egg, MSG, Corn, Seafood
Fried Fish Tacos-----	Gluten, Dairy, Soy, Onion, Garlic, Corn, MSG
Steak Tacos-----	Gluten, Soy, MSG, Corn, Egg, Onion, Garlic, Dairy
Pork Tacos-----	Gluten, Soy, MSG, Corn, Egg, Onion, Garlic, Dairy
<b>Salmon Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Mahi Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Scallop Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Whitefish Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Shrimp Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Tiki Chicken</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Grouper Dinner</b> (without rice)-----	Seafood, Dairy, Soy, Corn, Onion, Garlic, Gluten
<b>Ribs</b> -----	Onion, Garlic, Soy, Gluten
Jambalaya-----	Gluten, Seafood, Onions, Garlic, MSG, Dairy
Carnitas-----	Gluten, Onions, Garlic, Soy, Corn, MSG, Dairy
Swashbuckler-----	Seafood, Corn, Soy, MSG, Dairy, Egg, Gluten, Onion, Garlic
Fish and Chips-----	Seafood, Corn, Soy, MSG, Dairy, Egg, Gluten, Onion, Garlic
Cioppino-----	Gluten, Seafood, Dairy, Egg, Soy, Corn, Onion, Garlic
Scampi-----	Gluten, Seafood, MSG, Soy, Dairy, Corn, Garlic, Egg
Alfredo-----	Gluten, MSG, Soy, Dairy, Corn, Garlic, Egg
Mac and Cheese-----	Gluten, MSG, Soy, Dairy, Corn, Garlic, Egg
<b>House Salad</b> (without cheese & croutons) -	Onion, Dairy, Gluten
<b>Signature Salad</b> (without blue cheese) ----	Onion, Dairy, Egg, Nuts, Garlic, Soy, Corn
<b>Caesar Salad</b> (without croutons)-----	Egg, Onion, Garlic, Soy, Corn, Gluten, Seafood, Dairy
<b>Cobb Salad</b> (without bread sticks)-----	Egg, Onion, Garlic, Soy, Corn, Gluten, Dairy, MSG
Seafood Cavatappi-----	Egg, Soy, Corn, Gluten, Seafood
Crispy Island Shrimp Salad-----	Egg, Soy, Corn, Gluten, Seafood, Garlic, Onion, MSG

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