

Rice	Quantity For:		Calories	Calories from fat	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Burritos, Bowls, Nachos													
	Spanish	1 scoop	140	45	5	0			490	21			2
	White Lime	1 scoop	150	30	3.5	0			350	27			2
Small Burritos, Kids Burritos													
	Spanish	0.5 scoop	70	25	2.5	0			240	10			1
	White Lime	0.5 scoop	80	15	2	0			180	13			1