



Heritage Plaza
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Ocean Twp / Oakhurst Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:15 - 9:45 PM Mini Samurai
					9:45 - 10:25 AM Little Samurai
					10:30 - 11:15 AM Junior Basic, LS Adv, & Junior Int/Adv
4:15 - 4:45 PM Mini Samurai	4:00 - 4:45 PM Junior Int/Adv	4:15 - 4:45 PM Mini Samurai	4:00 - 4:45 PM Junior Basic & Lil Sam Adv		11:15 - 12:15 PM Teen/Adult Martial Arts
4:45 - 5:25 PM Little Samurai	4:45 - 5:30 PM Junior Basic & Lil Sam Adv	4:45 - 5:25 PM Little Samurai	4:45 - 5:30 PM Junior Int/Adv		
					12:15 - 1:15 PM Open Mat
5:30 - 6:15 PM Junior Basic & Lil Sam Adv	5:30 - 6:20 PM Teen/Adult Martial Arts	5:30 - 6:15 PM Junior Int/Adv & Teens	5:30 - 6:00 PM Mini Samurai		
6:15 - 7:00 PM Junior Int/Adv & Teens	6:20 - 7:00 PM Little Samurai	6:15 - 7:00 PM Junior Basic & Lil Sam Adv	6:00 - 6:40 PM Little Samurai		1:30 - 3:00 PM BIRTHDAY PARTY!
7:15 - 8:00 PM MAX Fit	7:15 - 8:00 PM MAX Fit	7:15 - 8:00 PM MAX Fit	7:15 - 8:00 PM MAX Fit		
8:00 - 9:00 PM Teen/Adult Martial Arts	8:00 - 9:00 PM (1st Tues. of Month) TNT Workshop & Demo Team	8:00 - 9:00 PM Teen/Adult Martial Arts	8:00 - 9:00 PM Teen/Adult Sparring & Grappling		

Effective 1/1/17

Mini Samurai	Ages 3 - 4	30 Min Classes: 2 x Week
Little Samurai	Ages 5 - 6	40 Min Classes: 2 x Week
Lil Sam Adv	Ages 6 - 7	Lil Sam Green Belts and Up
Junior Basic	Ages 7 - 12	White, Yellow, and Orange Belts
Junior Int/Adv	Ages 7 - 12	Green Belts and Up
Teens	Ages 13 - 15	Orange Belts and Up w/ FULL GEAR
Teen/Adult	Ages 13 - Adult	All Ranks
Spar. & Grap.	Ages 13 - Adult	Invitation Only w/ FULL GEAR
TNT and Demo	Ages 7 and Up	Invitation Only: 1st Tues. of the Month

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Satori Academy of Martial Arts - Ocean Twp

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Updates, Events, and
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