



NORTH ATLANTIC LOBSTER

Known as the American or Maine lobster, this species is harvested in cold Atlantic waters from North Carolina to the icy coast of Labrador. We also source Nova Scotia Canadian hard-shell lobsters. Northern Wind's expertise in off-loading and handling results in a livelier, healthier product, which we ship by air from the USA to markets around the world.



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Northern Wind is a primary off-loader and supplier of live North Atlantic lobster. Our lobster processing operations feature custom-designed systems that simulate the lobsters' natural environment. Established state of the art handling procedures ensure that Northern Wind lobsters are delivered in healthier and livelier condition.



Features & Benefits

- Waterfront location reduces handling.
- Specially-designed cartons protect live lobsters during transport.
- On-site holding tanks with 60,000 lbs. capacity.
- Experienced staff ships lobster to worldwide markets everyday.

Sizes		
Chix	2-3	CULLS
1.25	3-4	Small 1-1.25 lbs
1.5	4-6	Medium 1.25-2 lbs
1.75	6-10	Large 2-6 lbs
	10 plus	

Various packaging available

NUTRITIONAL INFO

Serving Size: 100g (3.5oz) raw	%DV
Calories	90
Calories from Fat	8
Total Fat	1g 1%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	72mg 24%
Sodium	380mg 16%
Total Carbohydrate	0g 0%
Dietary Fiber	0g 0%
Sugars	0g
Protein	21g
Vitamin A	2%DV
Vitamin C	0%DV
Calcium	6%DV
Iron	2%DV

*Percent Daily Values are based on a 2,000 calorie diet.

