

Your Money Statement

This worksheet will help you understand the elements of a **Money Statement** and support you in writing one that works well for you.

Any experience we have in life will come to us in a simple way based on how much we put our attention on it and draw it towards us. When it comes to our money desires, most don't define what the "specificness" of this desire is and therefore find their experience similar to their thoughts, words and feelings about it - all over the place.

The Money Statement is your clarity about your money desire. It has an energy to it when it is specific and clear. When it is written this way and you connect with it in this way, the energetic connection it instantly has to the person, place, thing or experience that will give you that desire is much stronger. When it's strong enough, it becomes your reality.

When we write a Money Statement we focus on keeping it simple, clear and strong. A strong Money Statement usually has three parts to it:

- 1) A **clear** and **specific** statement of the money desire you have in way that states it as already being so
- 2) The **feelings** you have when you recognize this desire as being so
- 3) What experiencing this desire **gives you and the people around** you or that is connected to your desire

When you combine these three elements together, not only does it bring forth clarity, it activates a strong energy and connection to the vibration that the desire resides at. Do this enough and you will have prepared yourself energetically to receive this desire into your life.

Let's look at each part of the desire statement for your desire right now:

Getting Specific

Saying "I want more money in my life" is NOT specific. Saying "I wish to invest in xyz" is still not enough. Saying "I desire to pay my bills each month effortlessly" is not enough.

Specific means - **get specific!** "I am grateful I have attracted \$10,000 into my life by July 1st 2009" is a specific statement. "I am grateful I have manifested \$50,000 to invest into real estate by the end of 2009 is specific."

Both of these statements activate a clear energetic connection to what will make this your experience, instantly.

Now work on the first part of your money statement below.

What are the specifics of your money desire? How much money? What do you want to invest in? What would make you feel incredible? What would not challenge you every time you think about it, meaning what pushes you beyond your comfort zone but doesn't always make you question the possibility of it?

Write out this "specificness" in one sentence as if it is already so. There are ways of starting out statements that state it as so... "I am grateful that..." "I am excited that..." "I am celebrating the experience of..."

Look over the statement you just wrote and ask yourself these questions:
Is it really specific or can it be more specific?

How does it make me "feel" to read this statement from the "already so" wording?

Is there any other way I can improve this first part of my statement that will activate more powerful feelings in me?

Feelings Are The Language of the Soul

The second part of the statement is all about the feelings. It connects with and recognizes the feelings you have when you "believe" and feel this desire as being so. When you state the feelings, you connect with them and you increase the chances of them being more present and powerful in your life. Feelings, when associated with a desire, are the most important energy for you to connect with because it is through feelings that we experience everything.

To write the next part of the statement, think about your desire and it being so in your life and answer the question:

How does that make you feel?

What words describe these feelings? Happy, Confident, Grateful, Successful, Abundant, etc.

Take those feelings words and form a sentence in your statement that connects those feelings with the desire. "I feel **strong, confident** and incredibly **free** knowing that this money has flowed into my life."

Write this next sentence now, describing and connecting with these feelings:

What Does this Desire Truly Do For You?

The last part of the Money Statement brings about the most important purpose of this desire for you, which is what does it do for you and those around you or that are connected to this desire? How does this change your life? How does it change those you know? How does it change those that are connected to the desire?

Write a sentence explaining this, from the perspective of it already being so in your life. "My experience of this money in my life opens the door to great possibility, allowing me to support those I love at higher levels, giving my family the life we truly wish to experience, and bringing us all closer together."

Write the last part of the statement here:

Once you have written these three parts, combine them together in one statement. Read it to yourself and ask yourself, "how do I feel when I read this?" If you can still find connection to the feelings you describe in the statement, when you read the statement, then you will have created a very powerful money statement. This will bring you closer to your desire, with less effort because of the clarity you have created. If need be, adjust it until you feel this connection and then write it out, place it around you and then connect with it consistently - each day as often as you can.

Write out the final statement here:
