

## 30 Day Prosperity Plan Mantras.

**Step A:** Repeat one mantra a day out loud. Then close your eyes and meditate on the meaning of the mantra for 10 – 15 minutes. Meditation is literally spending a focused amount of time thinking about the meaning of the mantra. There is no right or wrong way to do this. **JUST DO IT.**

**Step B** – Write in your journal whatever thoughts that came up for you during meditation.

Every week these mantras will start to take on a different meaning in your mind. These mantras are designed to feed your mind a new stream of information. What you will experience is an unfolding of old programs. Trust the process, and enjoy the journey of self discovery.

Do not skip any days. Be committed for 30 days no matter what. Now is the perfect time to make a shift.

#1 I am the source of all my prosperity and abundance. There is nothing outside of me which can provide me with anything that I cannot provide for myself. I allow myself to trust that every situation is the key to my abundance. I act on everything in my space knowing that it continually creates prosperity. **Trusting** is the key to abundance.

#2 Today, I am connected to the unfailing God within me. I am being fed all the answers that I need to be abundant. I am in the flow of my life allowing money to stream into my life easily and from all directions. I am powerful and all-knowing. Everything is unfolding according to a deeper plan. I am awake now.

#3 I believe in myself and I am launching to a new level of prosperity. There is a stream of money flowing through my life which I am tapped into at every moment. I am awake to my purpose.

#4 I have surrendered to knowing that I am the DNA of God. I realize that I am abundant. God is unlimited there I am unlimited. I am seeing prosperity in every moment of the day. Everything is clear and energized. I am in a pool of prosperity.

#5 I am releasing my last unserving beliefs with the knowledge that they are all illusions. I am unlimited supply of knowledge gifted to me by the divine. Nothing is outside of me. I am the source of all my needs. It is my right to be abundant. I can see it now. I can smell it now. I m overflowing with abundance; therefore, it is flowing through me.

#6 Opportunities for more money are always in my space. I was born with a special talent and skills to serve the world. My energy for finding abundance is extremely magnetizing. I am attracting people into my life to support my goals.

#7 I trust that I am valuable; I get paid constantly and consistently. Connection to Source Energy is unlimited. 24/7. I do whatever it takes to serve every opportunity with a genuine heart. I know that I deserve to be prosperous because I show up big in people's lives. I am vibrating at a high level and attracting money easily.

**Step C** At the end of each day debrief on the abundance you saw in your day. I cannot make this important enough. The debrief is anchoring a new belief pattern within you of abundance. Stay committed to yourself and the process.

At first this may take some effort on your part. Be aware that your ego may try to sabotage you by making up excuses or conditions that throw you off track. Stay with it, and do not give up. This way of thinking will get easier as you start to see the results of your life change. Make that change and see how bright the world can be.

## **WORKSHEET #2**

Everything is energy. That is science not theory. Like energy attracts like energy. This a guide to help you be aware of what your attraction base is:

Abundance

Love  
Thankful  
Gratitude  
Peace  
Excited  
Happiness  
Joy

Scarcity

Hate  
Taking Things for Granted  
Selfish  
Control  
Disappointed  
Sadness  
Depressed

These are some of the feelings that you would be experiencing when you stand in either Nothingness or in Everything, also known as the Dark or the Light, Abundance or Scarcity.

## **WORKSHEET #3**

### **Four Levels of Responsibility**

#### **Level One – Victim (lowest level)**

I am not responsible for anything. I am at the effect of life.

#### **Level Two – I take responsibility**

I pick and choose what I am responsible for on a case by case basis, conditional responsibility

#### **Level Three – I am responsible**

I am the cause and source for my life, my choices, decisions, experiences, and results. If it's to be it's up to me!

**Level Four – I am responsible for everything (Highest level)**

I am the sole uncontested author of my life. I am the captain of my ship. The leader of my vision, my dreams, and all possibilities. I am the cause for it all, directly or indirectly. The past, present, and future. I am responsible for everything whether I can touch it or not, see it or not.

This level of standard that you hold yourself to determines the speed of your results. Operate your life from level four, I am responsible for everything, and you will be a HUGE success.

What level are you holding yourself at now?