



Intake form

Name _____ Date _____

Address _____ City _____ Zip _____

Cell# _____ email: _____

Birthdate _____ Age _____ Referred by _____

Marital Status _____ Occupation _____

Do you have a diagnosis by a physician? _____ What? _____

What are your immediate issues you would like to address? _____

Name of your Primary doctor _____ Number _____

Are taking medications? _____ What? _____

What is your level of commitment to Lifestyle change? Strong Medium Weak

Do you take supplements? _____ What brand? _____

How much are you willing to spend on your health? _____

Do you exercise? How much? What? _____

Do you smoke? _____ Do you drink? _____

Do you have children? _____ Ages? _____ are they healthy? _____

What issues do they have? _____ Are you under stress _____

How did you find out about us? _____

How would you like to pay today? Card Cash Check