

## Snacks 5

BeDeviled Eggs

🍷 24-Hour Onion Dip & Chips

🍷 Chickpea Fries & Romesco

## Appetizers

Chicken Meatballs 15

*ginger & garlic, Korean BBQ, creamy ranch*

Jersey Potato Skins 13

*Benton's bacon, jalapeno, herbs, cheese*

🍷 Mediterranean Veg Plate 15

*broccoli falafel, local veg, beans, chiptole-tabini, pita crisps*

Rhode Island Calamari 13

*giardiniera vinaigrette, celery, parsley*

🍷 Local Burrata & Beets 15

*spiced almonds, citrus vinaigrette, arugula*

PEI Mussels 14

*chorizo, jalapeño, lager, cilantro, grilled bread*

🍷 Tunisian BBQ Lamb 15

*harissa spiced pulled lamb, corn pancake, tatziki*

🍷 Crispy Brussel Sprouts 10

*herb salad, macadamia nuts, cranberry chili*

Minestrone Soup 8

*parmesan broth, beans, ditalini*

Soup of the Day 9

🍷 Hummus & Pita 7

Daily Omelette & Salad 12

*3 local eggs, cheese, seasonal vegetables, toast*

# THE FARM AND FISHERMAN TAVERN

## Deep Freeze

*special thanks to the local farmers and purveyors  
that provide premium ingredients for our fabulous fare*

F&F Fast & Fresh Lunch 12

*choice of half*

*Chicken Panini, BLT, Tuna Melt,*

*Cauliflower Panini, or a Brisket Burger*

*& Soup or Chopped Salad*

Combination of Soup & Salad 11

## Salads

*add salmon \* \$6, shrimp \$6, chicken \$4, or falafel \$3*

🍷 Chopped 12

*greens, shaved vegetables, olives, feta, oregano vin*

🍷 Bloody Beet 12

*yogurt, pistachio, greens, pan drippings*

Seared Salmon Salad 17

*cauliflower, squash, farro, greens, pepitas, squash vin*

🍷 Kale Apple 14

*fall greens, candied pecans, ricotta salata, white balsamic vin*

Raddichio Caesar 14

*golden raisins, garlic croutons, parmesan, orange caesar*

🍷 GLUTEN FREE VEGETARIAN

## For the Table

🍷 Breads & Spreads 17

*smoky hummus, romesco,  
chickpea fries, pickles, puffed pita*

🍷 Caramelized Cauliflower 10  
*shroom cream*

Goat Taco-Pita 14

*braised goat, mint, radish, feta, salsa roja*

## Sandwiches

Served with twice-cooked fries or simple green salad

Grilled Pork Banh Mi 15

*marinated tenderloin, jalapeno, cilantro, aioli*

Triple Stacked BLT 12

*overnight tomatoes, thick cut bacon, tavern aioli*

Astoria Burger 15 \*

*ground lamb, feta, cucumber, grilled onion, tahini ketchup*

Colonial Burger 16 \*

*grass-fed beef, bacon, caramelized onion, cheddar, malt mayo*

Industrial Burger 15 \*

*dry-aged brisket, cheddar cheese, tavern sauce, onion jam*

🍷 Cauliflower Panini 12

*pickled carrots, ricotta salata, arugula, jalapeno, citrus aioli*

Pulled Chicken Panini 13

*mole-oli, pickled peppers, swiss*

Buffalo Fried Chicken 14

*blue cheese, overnight tomato, iceberg, potato roll*

Smoked Local Tuna Melt 13

*NJ albacore, overnight tomatoes, multigrain, swiss*

Beer Battered Fish 13

*iceberg, overnight tomatoes, tartar*

Adult Grilled Cheese 13

*apples, bacon, cheddar, caramelized onions*

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.