

Luscious Grilled Peaches

INGREDIENTS

4 ripe peaches, halved and pitted

1 tbsp. vegetable or canola oil... I like to use avocado oil

Vanilla ice cream, for serving

Floral honey, for drizzling

Flaky sea salt... Trust me!

DIRECTIONS

Heat grill or grill pan to medium high.

Brush peaches with oil and grill cut-side down, until soft, 4 to 5 minutes. Don't move it around, you want the grill marks.

Flip skin-side down and grill 4 to 6 minutes more.

Serve with ice cream, a drizzle of honey, and a sprinkling of flaky sea salt. So Good!!!