

## Luscious Grilled Peaches

### INGREDIENTS

4 ripe peaches, halved and pitted

1 tbsp. vegetable or canola oil... I like to use avocado oil

Vanilla ice cream, for serving

Floral honey, for drizzling

Flaky sea salt... Trust me!

### DIRECTIONS

Heat grill or grill pan to medium high.

Brush peaches with oil and grill cut-side down, until soft, 4 to 5 minutes. Don't move it around, you want the grill marks.

Flip skin-side down and grill 4 to 6 minutes more.

Serve with ice cream, a drizzle of honey, and a sprinkling of flaky sea salt. So Good!!!