

Lesson Three

Faith When I'm Stuck And Can't Get Out

Genesis 39 (Joseph)

1. The problem with being stuck is that there's nowhere you can _____ and nothing you can _____.
2. The temptation when you're stuck is to _____.
3. The solution to being un-stuck is to _____ on God and _____.
4. When I'm stuck and I can't get out, _____ can.

Commit this verse to memory: Gen. 39:20-23

^{20b}But while Joseph was there in the prison, ^{21a}the Lord was with him... ^{23b}and gave him success in whatever he did.

Discussion Questions

You ever feel stuck? What did you say? You feel stuck right now? I'm not too surprised! Most of us can easily start to feel stuck in the monotony of our everyday grind, dreaming of a better life, a life where God actually does the things we dreamed about!

The good news is that you're not alone in this! Joseph is one of my favorite examples of God followers who believed God for his dreams only to see them unravel. If anyone had the right to feel stuck, it was Joseph. Yet Joseph's response to his horrible circumstances are an example of how we too can stand strong when we feel stuck and can't get out.

If you're like me by now, you're ready to tackle this and finally allow God to get you unstuck. So, what do you say? Let's do this!

1. Do you feel stuck in your life right now? If yes, can you try to pinpoint the reason for it?
2. What dream has God given you in the past that seems to be nothing but a distant memory right now? How has that affected your relationship with God?
3. Have you ever been tempted to quit? How can you fight the discouragement you might be feeling? Meditate on Jeremiah 29:13 and Rom 15:1-7.

4. Have you ever tried to get yourself unstuck and failed? What other option did you have at that point?

5. Do you believe things are ever going to change for you? Why or why not? Would you be willing to confess your disbelief to God and ask him to help your unbelief?

6. What are some of the things Joseph did when he found himself stuck? What can you learn from his example?

7. You might not be able to change your circumstances, but you can change your attitude. What do you think God is trying to accomplish in you in these season of feeling stuck?

For Further Thought

Faith is not hoping that God is going to show up. It's knowing that He will. Don't quit! Hopelessness is not an option for the follower of Jesus Christ.