



The Insomnia and Sleep Institute of Arizona

8330 E Hartford Drive, Suite 100, Scottsdale, AZ 85255

Phone: 480-745-3547 / Fax: 480-745-3548

www.sleeplessinazona.com

PEDIATRIC SLEEP SCREENER

Please check any boxes that apply to your child and return the completed form to your physician.

- Does your child snore?
- Is your child overweight?
- Does your child have problems focusing and concentrating?
- Does your child sweat while asleep?
- Do you notice your child mouth breathing?
- Is your child excessively tired during the day?
- Does your child have morning headaches?
- Is your child often irritable?
- Does your child have frequent awakenings?
- Do you notice your child stops breathing while asleep?
- Does your child wake up gasping, or short of breath while sleeping?

Any other sleep issues, concerns or comments? Please describe below: