



# Italian Greens Baby Kale Blend

## Loftier Than Ever

This blend includes three of the fastest growing salad components of Baby Kale, Wild Arugula and Baby Chards. Mixing these different shaped tender green leaves gives this blend both texture and volume. The Baby Kale is a combination of Black, Blue and Red varieties. This multi-use blend is great as a salad and sauté, or a topping, slaw or garnish.

### Blend

60-65% Baby Kale Blend  
20-25% Wild Arugula  
10-15% Baby Chards



## ITALIAN GREENS BABY KALE BLEND PROFILE

- FLAVOR:** Earthy.
- TEXTURE:** The three components of this blend give it great texture and loft.
- COLOR:** The multiple Baby Kale varieties make for a bold color contrast to any application.
- HEALTH:** Baby Kales give this blend its nutritional power.
- WASHED:** Triple washed. Ready to use.
- BRAND:** True Leaf Farms

### Nutritionals

Serving size (100g)

35 CALORIES  
3G FIBER  
3G PROTEIN  
140% VITAMIN A  
70% VITAMIN C  
25% CALCIUM  
6% IRON

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

ITEM	PACK SIZE	SKU	PER PALLET	TI/HI	CARTON SIZE (inches • LxWxH)	SHELF LIFE
Italian Greens	3 x 1 lb	774617	130	10/13	15.5 x 11.75 x 6.625	16 days